



By Santosh Jha

**

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*If **Consciousness** could liberate itself from servitude of
viscerality and transcend beyond reassurance of
intuitiveness; if **Cognition** could dare to journey
probabilities beyond dogmatism of self-evidence; infinite
novel and alternative **Causalities** open up and blossom to
potential, the ever-evolving portals of mesmerizingly
marvelous spectrum of experiencing. Probably, first time in
human history, a humanly designed idea and structure of
artificial intelligence has accidentally unraveled the true
potentials of nature's stupid design of **Intellect**.
Essentially, in a way, human civilization has only just
begun to take a definitive shape, in the womb of time; after
centuries of tumultuous meandering of embryonic
maturity.*

Let there be no miscarriage...

At The Very Outset...

It is incredibly unsettling to arrive and stay at the
experience that if this very powerful sense and feel of 'I' or
definitive me is what billions other have lived out in past
and billions other shall in future; there seems an
entrenched actualization that 'I' am a continuous and

immortal observer-witness of Reality. But still; my consciousness and sense of 'I', knowing it very well that this is a bubble; has a tough time deciding how I should place my personal mortal subjective consciousness vis-à-vis the immortal objectiveness of the infiniteness of reality, in a way that is most appropriate and closest to the actuality of reality; in a short span I am allowed to survive.

It is easy to experience that as my own personal subjective sense of 'I' or me is a bubble within the larger bubble of reality, this deep sense of actuality of my beingness and its transcendentality are only emergent virtuality of bubble existence. Tough it is however, to experience as how best and optimally my bubbled reality should align itself with actuality of objectivity of cosmic reality, beyond, above and beneath the surface-level restrictiveness of my personal, subjective and visceral-intuitive experience-cognition of partiality of reality. The painfulness of my relationship with spectrum of 'Me' as well as with the expansiveness of 'Reality' is the test of the wavering sanity of my consciousness and cognition.

This juxtaposition of ephemeral 'I' vis-à-vis the eternal Cosmos is scary, yet mesmerizing and satiating. A transient speck of virtuality of my mortal being, trying unsuccessfully to stupidly stand tall in front of infiniteness of colossal cosmos of reality is the best humor, I can offer myself. This is the precarious path of cognition, a consciousness has to tread. This humor is scary; yet

probably the only viable option to accept and internalize mortality and its journeys. This journey is now at '57' and still foolishly experimenting with experiencing, cognitive spectrum and their optimality of potentials.

The journey of a 57-year old 'Me' is on at two simultaneous levels – first is, upgrading and augmenting the levels of novel-alternative information to prepare my consciousness for experience-cognition of diverse and multidimensional realities and second is upgrading and augmenting the levels of courage and sanity to brave and internalize novel-alternative experiences; especially cognitions, avalanching on my stupid consciousness. The tragedy is immense, as this '57' is neither intelligent nor brave.

It is a humbling and distressing realization that consciousness, especially my own stupid-insipid one, is too fragile, ineligible and incongruous media to journey the tumultuous and intimidating pathways of both subjective as well as objective information and experiencing. As always, I share, with you, whatever I experience and internalize in the journey; to make happen 53 eBooks so far. This sharing, in your hands right now, is 57's 54th...

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Content of Intent

This causal relationship among available and amenable dimensions of information, experience-cognition, its memories and sense of 'I'; evolving in the perceived linearity of time-space of ever changing and tumultuous cultures of human world is weird at best and calamitous at worst. It creates parts and shades of consciousness of a person and often, as these parts happen to be independent and asymmetrical, their collective and cooperative assemblage engenders a virtuality of personality, which always struggles to decide upon the holism of its consciousness and its common life-living goals. Consciousness therefore seems very restrictively, just a messed up and incompatibly piled up inventory of un-synced information bits, catalogued and indexed by a precariously poor memory, to recall where and how things are stacked.

This clearly means; if information and its optimal management is what create a successful and smart consciousness; it is important to have clear and efficient communication between information, experience-cognition, memories and sense of 'I'. These four 'friends', need to be in highly galvanized, mutual and collective relationship. And for this to happen, they need to communicate well and enough. Ultimately, this can happen only when the *friends* have a powerful and intelligent language as well as sumptuous leisure in tranquility and sanity of milieus. Tragically; only a handful men and women have the opulence of these treasures and therefore, almost 99

percent of humanity; me included; has the poverty and misery of these *bare basics* to allow them the luxury of having a viably sound consciousness.

This poverty has its worst impact on optimality of experience-cognition of probable realities and its expression to oneself and others. This means, for mass majority of humans, both **Intent** and **Content** of their consciousnesses are impaired and befuddled, thus susceptible to scammed expressions. This all I am saying, not as an excuse for my own stupidity, which anyways is a foolproof indefensible actuality; but just to underline the reality about the challenges that are there for both you and me, as we begin to share the contents of intents over such complex issues like reality, experience-cognition, consciousness, et al.

As a 57-year old stupid, beginning with my 54th eBook, as always, I rely more on your magnanimity and genius to reach out the intent of my content, in optimal shape and symmetry. As always, my poverty has the opulence of your munificence and compassion...

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PREFACE

It is mesmerizing; somehow, like a miraculously scripted but well lived out dream, to unassumingly accept and internalize; how these 57 years of my life has been an incessantly meandering journey of wading through different, contrasting, catalytic and unconventionally *avant-garde* dimensions of what is popularly termed as Reality. Far more magically marvelous has been this deep felt realization that this multitude of differentiated shades of *Reality*, experienced and actualized by what I may stupidly call 'myself', are actually the models and simulations, which my brain states manifested, for purposes, I am not always sure but can be genuinely clubbed as *navigational*, in its full spectrum. This scientific term reflects very well in popular cultural connotation in human life-living when it is quipped that life is like an ocean and every human being has to *swim* across it, wading through deep tumultuous waters. Essentially, *navigation* of a life points out to the spectrum of thoughts-behavior-actions, which this very subjective sense of 'I' or me as protagonist possesses or presents, as reaction to largely personal experience-cognition of situations that its brain states processes as ambient Reality, to successfully progress in society and culture.

Thankfully, the same brain states keep buoying up this uncomfortable realization to me that whatever shades of Reality *I* may say, I have experienced and 'registered' as happening to *Me*; cannot ever be authenticated as objectively true and singularly actual. The humanly

perceived labels of *truth* and *actuality*, as presented to what is popularly realizable as *Self* and *Consciousness*, are probably only a grain out of the colossal holism of Reality, manifesting itself at the cosmic theatre, that too at a very localized and transient Time-Space landscape.

A subjective and personal reality of perceived situations cannot be an *ocean* but only a tiny portion of water-pool, with its own ripples and waves to navigate through, within the larger nomenclature of an Ocean. Metaphorically, a life is like standing on a tiny patch of sand at the beach of a sea, which is a only part of an ocean and then stupidly feeling that it has *seen* and *known* the ocean. Probably, there ain't a certainty of actuality of Reality of transcendentality. Probably, objectivity to a human possibility, restricted by its poorly localized-ephemeral consciousness spectrum, is only sum-totality of equally ambient collective subjectivities, that too within a very slender fabric of Time-Space, which is just a small patch of infiniteness of the cosmos.

May be; there are only probabilities of infinite actualities of possible Realities. A single life or subjective individual self assesses and lives out only a few probabilities and stupidly terms it as sum-totality of the universe of reality. The personal water-pool simulates the feel and perception of an ocean as the water expanse happens to be the common fabric of reality for all lives in collective space of cultures. In modern scientific parlance; what consciousness can

realize and actualize are some pockets of *reducible* realities, in the mega expanse of *irreducible* probabilities. This probably is the minuscule 'beach-observer' potential of consciousness, facing the expansive probabilities of an ocean.

This seems the magic as well as the seed of pathologies for human life-living. Internalizing and living out this *reality* about 'Realities', with a very powerful but equally precarious media of *experience-cognition*, is probably the most acerbic yet most satisfyingly rewarding actualization of self or consciousness. My 57, therefore, seems both blessed as well as doomed at the same time. Living out a life, as sufficient and sumptuous yet momentary as 57 years; in the infinity of Time or to say in Timelessness space; and in a constant and ever evolving journey of accrued knowledge and novelties of constantly emerging scientifically credible information, is a huge satisfaction, as it is probably a reasonably good chunk of 'Time-Space' progression, to be accepted as sufficient 'micro model' of the very progression and evolution of Reality itself in this cosmos. This hypothesis of self or subjective consciousness, as a 'mini-model' for perceptual internalization of the possible models or simulations of realities in cosmic theatre, is a thrilling idea about life and living.

Probably, this dimension or hypothesis about personal reality stands as a portal to the probability of multidimensionality of realities, in the vastness of Time-

Space structure. The sense and acceptance of 'Me', as this small and clumsy window to peep into the infiniteness of cosmic milieu, its diversities of probable realities, embedded transience and ultimate mortality, is very unsettling, yet equally satisfying experience-cognition. This wide spectrum of probable realities, available for experience-cognition, between the two ends of potential and stupidity, to an individual human consciousness is colossal grief as well as ultimate bliss, all at the same time. This hugely humbling and equally satiating internalization of the holism and entirety of the idea of *navigation* and my own personal stupid-ephemeral *life* in it is an eclectic amalgamation of grief and bliss.

A self or subjective consciousness is innately capable of handling neither of the two. This is the magic with human consciousness, as both *grief* and *bliss* happen to be experiences-cognitions, equally enlightening and enriching for this fragile-ephemeral-mortal life-living. This is the spectrum of potential a *media* has, as it stands to process information in a milieu and also gets evolved by affecting the information plexuses constituting an ambient milieu. Evolutionary design and cultural mind training are aimed at optimizing bliss and run away from all semblances of grief but the consciousness as a powerful media and its hugely potent tool of experience-cognition must always be consciously and conscientiously trained and led to accept and internalize both grief and bliss as equally precious plexuses of information for multidimensional navigational

prosperity and empowerment. Tragically enough; consciousness as a media requires good loads of persevered mind training to rise above and beyond restrictive evolutionary designs and cultural slavery to handle and maneuver the *magic* and prevent it from turning into pathologies of behavior-actions. Only a handful has it; mass majority don't and they squander the potential.

This potential also probably presents as a tool to unravel and realize the objectivity of *Causalities*; the random as well as patterned information plexus, embedded in structures of realities, lends itself into, to orchestrate multi-dimensionality of probabilities of realities. It is a happy realization that this restrictive subjective experience-cognition can be trained and oriented to be the portal of unraveling the expansive and layered objectivity of reality. Grief is that it is a hugely missing priority in contemporary human world. Science and collective human intellect of contemporary times help a great deal, if accessed and imbibed in right earnest.

It is mystically brilliant how *Consciousness* and *Reality* interchangeably extend each other the *locus* and localities of perspectives and contexts, to get unraveled and expressed in multitude of dimensionalities. It is somehow hugely fabulous but very tough to understand and appreciate as how both Consciousness and Reality present themselves to each other interchangeably as *Media* as well as *Milieu*, in evolving progression of Time-Space, to

unravel each other's dimensionalities. This interchangeability of *observer* and *observed* 'locality' in cyclicity of causalities is a colossal treasure for experience-cognition landscape, if consciousness is evolved-enlightened and milieus are sober-stable-systematic. If not; it is a definitive recipe of calamity and criminality. This is true potential of life-living for attainment of which the bare basic idealisms in human world are always hugely missing. Very naturally; pathologies find pathways of the pandemic of hypocrisy-depravity-criminality. This relationship between consciousness and reality and their situational interplay in sanity of milieus are critical elements in human life-living, as well as in society-cultures.

To state the idea in a simple, straight but stupidly innocent way; I and my 57 years of life, happens to be a living evolving micro-model of how Reality journeys in the cosmic milieu, brimming with information and their experience-cognitions by different dimensions of the situations of the media of consciousnesses. This hypothesis is scientifically viable, as it is now widely accepted that all realities are contextually hypothetical patterns of information, actualized through locality of conscious-subconscious observance, in the infinity of Time-Space landscape. It is tough to understand and express what it theoretically means but it is beautifully satiating to experience and internalize, how my own model of emergent sense of *Self-Consciousness*, processes information and models realities

for me, within the localized milieu of Time-Space and through shifting situations and contexts of observances.

Tragically; the media of humanly designed language is such an insufficient means for expression and communication of these experiences and cognitions; especially those beyond the restrictiveness of ambient contextuality of Time-Space and that of populist perceptions. It seems strange but true that I do not need to experience and cognize what I say with words as probably, language is barely a very partial representation of the intent of the Self and that too largely as protagonist of action-behavior; not as theatre of experience-cognition. The *theatre* is experienced, independent of linguistic conveniences but its expressions-communication happens predominantly through the *dialogues* of the protagonists. But, there is far more to theatrical experience-cognition than dialogues could ever be able to represent and express. The dialogues are designed for facilitation of the protagonist; not the theatre. Theatre is repository of experience-cognition and therefore can go beyond language but protagonist is the role player and requires the sole media of dialogues through singular availability of languages to accomplish its tasks. The theatre also is not everything as realities and milieus beyond theatres are colossal and they impact the *theatrics*.

This gap between *protagonist* and *theatre* manifestations of Consciousness seeds loads of hypocrisies, denial and deceptions, most of which is uploaded through the

dialogues of the reacting protagonist. A language is a poor media for the monologue-dialogue of largely the protagonist part of the consciousness in collective space and is very seldom successful in representing the experience-cognition in personal domain. Evolution and cultural training requires that dialogues of protagonist should ideally be used for survival successes in the competitive milieus and not as the media to express the true and honest intent of consciousness. Traditionally therefore, languages have always been the handy tool for most deceptions, hypocrisies and scams a person heaps on society-culture to optimize his or her personal prosperity. The protagonist scams the theatre and ensures *success* in cultural milieus.

All languages, including mathematics, seem like a workable metaphor to explain and express a model of the partiality of reality; not the holism of actuality of reality. The trouble is two-fold – how much and how well, the metaphor explains a model of reality and how much and how well a model represents the actuality of reality is precarious. This is one huge disability, pertaining to over-dependence on language for representation or modeling of realities, which unleashes plethora of pathology of consciousness. It is very tough to say whether right realities wrongly expressed or wrong realities rightly expressed has done more damages to human sanity and order.

Interestingly; this also applies to whatever I have shared with you so far and what shall follow in these pages, as you journey ahead. I very humbly wish to say that the *protagonist* as well as *theatre* of my '57' shall try my sincere best to present the best possible symmetry and synergy to make my intent and content fall in linearity, as I progress with this humble enterprise, destined to be my 54th eBook.

I, my life-living, the cognition of realities, as processed and actualized by the ever emergent-transient media of my consciousness, which yet unfathomable information-processing by my brain plexuses actualized for my experiencing, seems like a microcosmic model of how the macro milieu of the cosmos works its ways, in the massively complex plexuses of information, out there in the infinite universe. This establishes a queer and perplexing relationship between what we popularly know as and call *Life*, and the probability of *Reality*. The seemingly inevitable advent of Life, as a media to process information, constituting probabilities of Realities and this complex evolution of experience-cognition tool of the sub-media of Consciousness, happen to be the subject matter of lasting interest and inquisition for not only my '57' but for any human life.

What I am very humbling attempting to write in this eBook; which happens to be my 54th eBook, is based on this hypothesis that my 57 years of life-living, can be accepted

as a valid simulation of how Reality works its ways and shapes the personal as well as collective consciousnesses of life-living; especially that of we humans. My own '57' is just a poor model to enunciate this mystically mesmerizing **Relationship** between *Life* and *Reality*. It hypothesizes that the geometry and its mathematical correlates are the same - be it the dust particle like an individual life, like my own '57' or the mega galaxies or black holes of the cosmos. The commonality probably is the **Information**, as embedded in Time-Space fabric of the cosmos; presenting and expressing itself in different permutations and combinations of probabilities; as *observed* by different shades of the media of Consciousnesses. Life as a probability of Information plexuses, constituting the cosmic landscape of realities, is a good model to understand this relationship between *Life* and *Reality*. This also hypothesizes that though a poor and precarious media of navigation for life-living journey, the human consciousness still has the innate potential to witness and investigate as how frameworks of life, reality and its experience-cognition work and present a model of reality, interacting within the ephemeral situation of body-brain and localization of Time-Space fabric.

This hypothesis helps in possible deciphering of a pattern, which could present a case study of the pathologies of human world and its tumultuously wild oscillations. Maybe; it could help in redesigning human cultures and civilizations; consciously installing novel structures and

functions; weeding out the now depraved, outdated and weathered ones. This may very well facilitate a novel and alternative personal journey, led by scientifically validated information, instead of the fake-fudged-fragmented-propagandist ones, dominating the contemporary human milieus.

The eBook title, *57's 54th*, may sound like a statement of subconscious self-importance and undue conscious immodesty of the author but I very humbly say it with all sincerity and innocence at my behest that this eBook is an exercise in conscientious compassion. I am writing to very humbly attempt to underline this very duality that these 57 years of my life-living have been journeyed simultaneously through populist-dominant cultures, as available to all, on one hand as well as the novel-alternative dimensions on the other, which modern scientific knowledge catalyzed for happy actualization. The '57' has waded through all shades of Information entrenched in the wider milieu of human world and has been fortunate enough to witness, experience and internalize the conflict and dualism, the self or consciousness is destined to live out. This sounds as immodest acceptance of reality but I very humbly assure that me saying this and sharing with you is merely presenting a situation of somethingness. I have already sincerely accepted, words are only very poor carriers of *intent* and *content* of consciousness and all perceived realities are probabilities.

All accruals of these 57 'I' am sharing with you as my 54th, may kindly be accepted as shades of probable realities, which presented themselves to my stupid consciousness and these dualistic milieus of contrasting information made possible to internalize them as novel and alternative cognitive structures. Very humbly and even stupidly; I am attempting to present them in my 54th eBook, with the help of words and syntactic arrangements, which I deeply feel are very poor media of expression and communication of intent and cognition. My own insufficiency with the language I know and write, adds to the restrictiveness and haphazardness of the expression of my intent. But then, as I admitted before, I have always trusted the magnanimity and intellect of my beautiful readers in decoding and deciphering my *intent* through the *content* of this poor *media* of written-spoken words. I insist; the poverty of my stupidity has this lasting prosperity, which you bestow on me. Otherwise; I could never have been able to write 57's 54th ... Thanks!

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At The Very Beginning - Core Causality of Reality

Every human life is a potential of infinite probabilities, despite the fact that every life happens and begins with a seemingly mundane singular 'predestined purpose', coded

and embedded in the seed of life itself as well as in the ambient milieu, it has to journey through. The core and entrenched purpose of mere *survival* in the ambient milieu is so powerfully and meticulously encoded in homeostatic framework and innate-embedded unconscious-subconscious fabrics of body-brain that it smothers or prevails over all other peripheral probabilities of purposes of life-living.

The beauty as well as the tragedy is that *survival* is unconscious-subconscious expression of life and therefore the living organism and its ambient milieus never consciously feels and admits it as core purpose, even while all human cultures and human systems of life-living are only conscious manifestations of this unconscious-subconscious causality of all realities humans live out. This probably breeds the primary hypocrisy of human life-living. Life comes duly stamped with survival code but living rituals never admit it as conscious purpose, even while all human life-living rituals are diverse expressions of this core causality of survival.

It may sound as the most stupid thing to ask as why life happened at the first place, in the precariousness and tumultuousness of somethingness, in the evolving of reality out of an unfathomable nothingness? Moreover, if life happened, then why and how it got aligned with inevitability of mortality, in the overall framework of emergent and evolving reality? It is the ultimate institution

of pure compassion to imbibe as why *Life* has to happen and evolve to unravel the multitude of dimensions of realities, only to be journeyed back to nothingness, at the inevitable advent of *Mortality*. It is humblest situation of consciousness to hold on to this tempestuous feeling as why the somethingness of Life needs to happen at the first place, if it has to journey to reach the inevitable destination of nothingness at the portal of mortality. If initiation is nonnegotiable ticket to definitive nothingness; what utility-validity the *meanings* assigned to all *purposes* in between have?

The stupid thing is; this question is not what life was designed to imbibe and ask, as out of the millions of life forms, only humans could understand and ask this. This itself seems to suggest that *purpose* of life is not even a *valid* question as this question accidentally got framed because, human species as a life form could evolve an experience-cognition mechanism to frame it. It seems, purpose of life is an insinuation at the very fag end of the wide spectrum of unconscious-subconscious-conscious experience-cognition, emerging because of the quantum of conscious elements in a species called humans.

Does it mean that purpose of life is invalid query and asking it is somehow a pathological state of consciousness? Does it imply that asking about purpose of life is an illusional proposition? Does it mean that human consciousness; be it an accidental accrual or otherwise,

itself is a pathological proposition, in overall scheme of life and cosmic construct, fabricating realities, which are delusional? Does this mean that life was not supposed to be deciphered and reality was never destined to be unraveled but they accidentally happened as consciousness *accidentally* found a species, known as humans, which unnecessarily and uselessly planted this question that has no validity in the overall scheme of cosmic construct? The core causality of reality has to be deciphered to understand reality itself, in its holism and multidimensionality.

Interestingly, the subset of these primary inquiries seems to be this very *reasonable* query that if *Life* was inevitable adjunct in the evolution of *Reality*, why its survival and continuity was designed or otherwise happened as the most unlikely and *threatened* probability; making *survival* as the unnecessarily and disproportionately dominant theme. If life had to happen as portal to reality; the dominant theme of life must have been the assured safety-sanity-continuity of life itself to allow consciousness to have unperturbed stints at experiencing realities. It isn't as life is the most unlikely continuity in the complexities-competitiveness of milieus. This raises the query that as life is inevitably aligned to mortality, it itself is not inevitable part of reality but an accidental one. Can accidents have definitive and avowed purpose?

Another critical inquiry is – the entire human civilization and its cultures were consciously designed and evolved to

optimize survival-continuity and weed out elements of uncertainty-threats, but how come the same human cultures turned out to be the largest and worst killer of survival potential of humans? Why the ostensibly random *design* and supposedly premeditated *intent* both failed miserably in ensuring the bare basic of preservation of something they so meticulously created and sustained? Why it is that survival has no obedient takers and all agencies only stand subservient to will of mortality?

Somehow the induced fragility and brutality of innate complexities-competitiveness in the very design of life structures in nature's randomness and autonomous-ness can be understood and accepted. However, it is beyond reason-rationality as why the contemporary ambient human milieus and their dominant populist cultures, which so proudly seem to have been designed by 'golden' human intellect, are also so brutally competitive and complex that they seldom allow a human life to prosper in probabilities of realities other than bare survival and its associational action-behavior trappings. The bare survival itself has always been so predominantly precarious and perilous in nature's own frame of realities and even the human endeavors of so-called high intellect and their deemed superior cultures only added more threats and pains to the survival question. Why and how? Is this a valid question?

It seems in most probability that the populism of life and its debated purposes are not a reality of cosmic construct;

they are purely human construct. Even if purpose is a delusional proposition, it is purely human reality and therefore, it clearly suggests that only human consciousness can construct the full spectrum of the multidimensionality of realities of life-living purposes. Most definitively; this very experience-cognition of 'purposes', attached to this ephemeral reality called life, requires *conscious* enterprise of every individual human consciousness, rising above the coded subconscious survival instincts layered in *unconscious-subconscious*.

As experience-cognition of a somehow illusional reality called *purpose of life* is an exclusive *artistry* of the *conscious* state of mindfulness in human life-living, it is only inevitable that every human being is diligently *trained* to actualize and optimize his or her consciousness and also, every evolved-empowered consciousness gets sufficient and qualitative *liberty* to paint shades of purposes on the canvas of life-living. If purpose of life is a delusion, this delusion needs to be painted luminously on canvas of life-living and it must be meticulously ensconced as portal of song and dance of life; not as media for hypocrisy and criminality.

Society-culture-economy-politics-religion has no validity if they do not facilitate this mind-training and golden liberty to every human life. Tragically, by this definition, all societies-cultures-economies-politics-religions in contemporary human world have lost their validity. They

are all dead realities; even though they were never truly alive. If illusion of life is not fully understood and not allowed its well-mounted flights to delusional journeys of aesthetically designed artistry of personal purposes, then humanity itself does not qualify to be a reality and stands as worst illusion of the cosmos.

This overwhelming and restrictive subconscious subscription to the meanings-purposes of life-living, hovering around bare survival goals, as inflicted by wired propensities as well as brutally competitive ambient milieus-cultures, has come to stay as singular routine probability for mass majority of men and women. This ferociously smothers and kills all other probabilities of potential meanings-purposes that life-living may offer. It is colossal human tragedy that this powerful navigation media of consciousness and its brilliantly magnificent perceptual tool of experience-cognition remain singularly immersed in purely animalistic reality of survival and spectrum of culturally assigned successes, which are barely the *frilled* and *embroidered* expressions of survival alone. These frills of culturally benchmarked successes seem more delusional than the so-called mega illusion of purposes of life and life itself. An insect life-living, hailed as success in human cultures and plethora of hypocrisies-criminalities resorted to, for attainment of these success, are ultimate delusion of humanity.

This restrictiveness and its associational cultural slavery kill the very potential of experience-cognition spectrum to journey multidimensionality of realities and is the primary and core pathology of larger humanity. It then seeds up a plethora of probabilities of pathologies. Primary human failure and a massive disgrace to human intellect is that despite long journey of civilization-cultures and development of resources-technologies; mass majority of humanity has always remained and continues to be largely animals, even like insects, in their life-living goals and experience-cognition.

It seems, cultures are designed by conscious elements of a handful of evolved-empowered human consciousnesses but they have to be lived out by mass majority of humans with only innate-embedded unconscious-subconscious experience-cognition. Very naturally, what cultures finally turn out to be is the sum totality of frills and frames, which these mass majority of unconscious-subconscious individuals design to perpetuate their innate animalistic propensities. *This is deeper and specific delusional state of affairs*, within the larger and generic illusion of life-living. The cultures have completely different avowed ideals and mass majority of humans living within it have distinct practical life-living goals. It is like animals living out human ideals and cultures becoming living illusions of purposes of life.

It needs to be realized that to be truly a human is to have this exclusive and experimental liberty and facility of journeying diverse probabilities of realities and their experience-cognitions, in the vastness of cosmic milieus, without undue and disproportionate stress on survival question. In a very subtle but obvious way, evolution of life forms and its sprouting complexities have been manifested and expressed in the expanding and enriching spectrum of guided experience-cognition, which led towards a complex life form called humans, investing in it larger and deeper territories of conscious and regulated-refined subconscious. The animal-human distinction is not embedded in body complexities and exclusivities but in the evolved elements of intellect and artistry, consciously loaded-installed over and above the innate propensities of subconscious animalism of brain states. It is such a tragedy that even in modern contemporary times, mass majority of men and women does not have this liberty of intellect-artistry to qualify them as humans, as they remain slaved to the misery and restrictiveness of animalistic experience-cognition of bare survival.

Fragility-Mortality and its experience-cognition itself is a very powerful *energy* to drive men and women to seek this liberty to embark on a journey of multiplicity of experience-cognition in the short span of life-living. Tragedy is that this fragility-mortality experience-cognition becomes the singular ambient and over-encompassing *milieu*, instead of *energy*, leading to pathologies, instead of the health of bliss

and contentment. This is animal life-living, as only animals have this restrictiveness of singular experience-cognition of subconscious survival goals and purpose. This itself suggests that contemporary humanity is nothing but a muddled up extension of the animal world. In fact, contemporary human world may qualify to be worse than animal world as mass majority of humans have to face far more brutal and criminalized competitiveness and complexities for bare survival than average animal. Animals in most butcheries, all over the world are slaughtered in more compassionate ways, compared to the brutalities and criminalities humans, especially women have to face in human cultures.

All realities, which this singular-restrictive animalistic potential engenders, are truly meaningless and futile, in the long run and in the infinity of Time and Space, if Life is to be accepted as portal to experience multitudes of multidimensionalities of holism of realities. The realities of *meaning*, *worthiness* and populist labels of *successes*, assigned by humanity to different probabilities of life purposes in contemporary human milieus are themselves restrictively ambient and metaphoric in localized cultural vocabulary of survival-reality only. There is a difference between multidimensionality of a singular experience entity of survival-success and true variety of experiences-cognitions of multitude of realities in multidimensional ways. This needs to be understood. This differentiates

animal and human life-living. Contemporary human world does not seem to have any such difference.

So, a human life begins with not a single penny and ends up with billion dollars to its name. An infant breathes its first gasp of air with no knowledge of anything and ends up as the CEO or a super star. A kid begins with the ability not enough to even move his head and ends up as powerful leader, moving huge armies to kill millions. An innocent life begins not even understanding the difference between a lie and truth and ends up as most depraved politician or criminal, forcefully establishing all his or her lies as ultimate truths for others. These 'attainments' and 'empowerments' of Self, led by deep sense of *purposes*, are simply the manifestations of singular subconscious propensity of survival-success, as entrenched in animalism of organism of all living being. They may be termed as super animalism or even sublime animalism but do not seem to qualify as Humanism; let alone sublime humanism.

Realities, as journeys of probable information, embed the eventuality of mortality, which defines movement from one dot to another. Realities are only joining of two dots, to delineate a specific trajectory of actuality of probability, in the infinity of the mega graph of cosmic expanse. The line between the two dots defines and demarcates the *Span of Reality* and this span and its experience-cognition depends on what and which dots of information the span joins.

Human *span* necessarily invites and imbibes diversity and

multidimensionality of widest possible spectrum of experience-cognition, as against animal *span*, which is singularly and restrictively only experience-cognition of survival and survival successes. The difference between animal and human spans is that human span is supposed to journey the distance between the two dots of life and death as highly *conscious-aware-discretionary* experience-cognition media to delve into and wade through the cosmic diversities of information plexuses, whereas animal span is purely *subconscious* experience-cognition media, living out its innate singular survival instinct, in auto-response to a set of situational information in localized-ambient milieu.

Meaning, worth, purposes, reason, rationality, ethics, aesthetics, compassion, intellect et al are experience-cognition spectrum elements of *conscious-conscientious* Self, whereas consumption-indulgence-competitiveness-success elements and propensities are *subconscious-animal* Self. No doubt, the subconscious mastery of survival is primary and critical but it is not the sole purpose as conscious experiences-cognitions have to fill in to install human spectrum of purposes and actualizations, within the design, which has evolved out of animalism.

For a tiny fragment of Time-Space, these subconscious journeys between dots, pop up bubbles of very personal-localized realities, for subjective survival purposes, which has no meaning and significance in the overall structure of Reality of the cosmos but in the short run, they make or

break other millions of lives in local milieus. The span, which joins the dots of survival information only, manifests experience-cognition spectrum of animalistic meanings and goals only. Interestingly, even the pains and pleasures of these millions of lives have no meaning and significance in the cosmic reality as they too are expressions of the survival spans. The span and its experience-cognition are subjective and personal. Realities of cosmic constructs are massively expansive as it incorporates infinite dots and massively diverse spans of experience-cognition.

Pathologies are human perceptual probabilities, largely associated with subjective-personal experience-cognition spectrum of survival span, bereft of the objective-impersonal experience-cognition elements of meaning, worth, purposes, reason, rationality, ethics, aesthetics, compassion, intellect et al. No doubt, even the conscious and aware experience-cognition elements of rationality-intellect are susceptible to possible infliction of pathologies, as science tells us that unconscious-subconscious-conscious stages of aware self are not segregated and mutually exclusive realities but a continuous oscillating spectrum. That is why the conscious pathologies are limited, less contagious and better manageable. The conscious can *witness* the pathologies embedded in the spectrum of reality and work its ways to come out of them, whereas subconscious can only become a victim of pathologies as it accepts even pathology as necessary success tool.

The cosmos knows and judges no pathologies or virtuosities and that is why the innate nature, which is wired-entrenched in subconscious layer of experience-cognition structures, recognizes and orients almost automatically only towards survival-success of personal-local needs. For individual life and its entrenched-wired experience-cognition fabric, it is hugely tough to rise above and beyond the ambient and endemic meaningfulness of journeys of joining of dots, to break free of the populism of metaphoric expressions of pathologies as well as virtuosities. Consciousness as navigation media for body of organisms is powerfully dominated by subconscious animalistic propensity of journeying the body and its experience-cognition only between few populist and culturally ambient dots. Consciousness is innately and deeply marked by the wired propensities of personal and local. It requires sound and prolonged mind training to acquire an aware and conscious experience-cognition spectrum, which emancipates consciousness from the slavery of subconscious pathologies. That is why all religion-spiritualism-philosophy, in their uncorrupted frameworks, insist only on *conscious-aware-discretional* life-living.

The singular tragedy of humanity is that this conscious-aware-discretional Self cannot be attained or arrived at merely by seeing and knowing about it. It requires right and prolonged mind training through timely and appropriate education of men and women since their early

childhood through adulthood. It is therefore said, 'Most people say *I Love You* and think it has happened'. The tragedy is that love and most realities don't happen this way; it requires a spectrum of conscious and prolonged investments of right and appropriate elements of rationality and intellect. What seems to have *happened* is usually visceral-intuitive, requiring no external evidences as the body-brain itself lends its belief. What however is *actualized*, specifically has to be non-intuitive and requires external evidences of happening, beyond body-brain witnessing. This non-intuitiveness comes through knowledge and prolonged mind training to transcend visceral-intuitive acceptances.

The processes of this reality in human life-living have to be understood well and in objective scientific ways. Human body-brain and its experience-cognition constructs have evolved over billions of years of progression of life from single cell organism to a cooperative of over 30 trillion cells. Human consciousness mechanism therefore is not an exclusive construct but a patched up evolution from the very basic instinctive cellular consciousness. Human model of life and consciousness is a very recent and new existence in the long history of billions of years of evolution of life forms on earth. That is why human consciousness has this layered primary and overwhelmingly predominant subconscious animalism. This animalistic subconscious domination of average human consciousness is designed and evolved for basic survival successes. The subconscious

processes only those information from local-ambient milieus, which are relevant for bare survival. The conscious-aware-discretional spectrum of information processing is only of very recent and new origin as it evolved only in the last few hundred thousands of years, as compared to the subconscious evolution of billions of years. The human element of recent information processing of a conscious-aware-discretional Self therefore is not a wired instinct like the subconscious. It is not an auto-availability like subconscious. The conscious-aware-discretional portion of Self or human consciousness comes after long and persevered mind training, with a disciplined life-living.

Humanism is a potential of probability on top of the definitive inevitability of dominant animalism in all human consciousness and life-living. Human life is pre-loaded with primary information processing of subconscious spectrum as in all animals. The human superiority over animals is this available evolved brain structures for conscious-aware-discretional information processing but it is not a wired or instinctive-intuitive availability. This secondary information processing skill is loaded and installed in human brain states after proper-prolonged-persevered mind training.

It is popularly said that subconscious animalism is *hardware* and conscious-aware-discretional humanism is *software*. Only handfuls are fortunate to have the right mind training to qualify as humans in the overall body-mind of animal constructs. It has to be clarified here that

animalism as hardware is not a derogatory reference. The hardware and its soundness are equally important as finally, all virtues as accepted in human world, have to be *operative goodness* through subconscious animalism. Nothing comes out of software if the hardware does not support it. The very purpose of the software of conscious choices of goodness-righteousness is to practice them with perseverance and repetitiveness, so that they become hardware (subconscious) functions.

Goodness is hypocrisy if it is a conscious choice only; it is real and true only when it becomes a subconscious habitual routine, like all bad habits. We don't and can't wear virtues; they are our bodies. It is accepted that animals can be trained to perform some of the human functions against their innate nature but it is always warned that at the end of the day, they are only animals. It is because, for trained animals, human goodness is only a *deception* or hypocrisy they can practice. Most humans also 'consciously' practice some or other goodness and virtues as *deception* or hypocrisy, as it does not become their automatic subconscious habit.

That is why most men and women say, 'I love you' but in mass majority of cases they are *deceptions* and hypocrisy, like that of a trained animal to *perform* human acts. It points out to the fact that human superiority of *virtuosity* is not in practiced goodness but in exclusive human conscientiousness to choose, repeat and persevere with

righteousness, against their innate propensities to bypass them, so that they become their auto-mode subconscious habits. To be human is to be conscious of subconscious slavery and conscientiously launch suitable enterprises to install such personal goodness in subconscious, which augment and empower collective survival, prosperity and cohesion. This is the true meaning of the metaphor of *hardware-software* in human life-living.

Most humans have inadequate and flawed software; many even have poor and insufficient hardware. Only healthy robust body has sound healthy minds. Tragically, massive inequality and prospering deprivation in contemporary world fail to ensure robust-healthy body to billions of poor unprivileged children across cultures. Humanism is not an automatic, by birth eligibility; it is rather a painfully acquired qualification of disciplined enterprise. To be human is to have this golden potential of *persevered discipline* in life-living. A true and right human culture is a healthy milieu, which facilitates and empowers this potential to flourish the disciplined life-living in happy galvanized ways. In contemporary human world of massive inequality, deprivation, depravity and deception; mass majority of men and women are destined to have troubled and poor hardware as well as insufficient and corrupted software. Pathologies have this prosperity of prescription in contemporary human situation in modern cultures.

All these were understood well by humanity, even thousands of years back and in oriental wisdom, the innate-untrained subconscious life-living was termed as *Maaya* (Illusion). Understanding the *Maaya* and breaking free of its embedded pathological eventualities was considered as prescribed emancipation (*Nirvana*) and true empowerment in life. *Nirvana* in a sense meant a life-living journey above and beyond pathological propensities entrenched in restrictive survival experience-cognition spectrum of untrained, animalistic consciousness. What this novel and alternative life journey post-*Nirvana* meant and actualized is purely experiential and cognitive as the body and consciousness spectrum remained the same. It is tough to describe this journey. It is all about how the same body-mind entity processes information alternatively. It is about how consciousness joins which dots of information in the mega cosmic plexuses of information. It is hardware-software reality.

It has to be understood that this singularly mighty and exclusive driving force of *experience-cognition*, which leads the creation of infinite shades of realities in human life-living; ranging between the two extreme ends of criminalities and compassion, itself is merely a *Navigational Tool*, engendered by brain to optimize the single and seemingly innocuous potential of 'survival', that too in a very localized milieu. Like the cosmos, the brain does not seem to register the meaning and worth to bubbles of realities, which life creates. Both cosmos and

brain are merely mechanisms or media to allow bubbles of realities. Bubbles are objective reality; what shape and colors the driving force of subjective experience-cognition assigns to the bubbles have no meaning-worth for cosmos and brain. This is the dualism of life-living and the animal-human divide, which needs to be understood through right mind training since early childhood.

The experience-cognition spectrum is functional and its causalities are restrictively personal-ambient-endemic to popular-dominant culture, whereas the brain is structural and its causalities are purely navigational in broadest possible milieus of Time-Space. The structural-functional or hardware-software divide and distinction needs to be understood. The *meanings* and *worth*, as accepted by most men and women are merely human expressions of the situation of realities, in the restrictive societal-cultural milieus, with narrow purpose of survival and its expressions of competitive successes. This restrictiveness and localization of consciousness breeds most of the pathologies and requires emancipation. As the milieus become more competitive and complex, the intensity and propensity of competitiveness buoys up, triggering off more and worse pathologies. Emancipation is required from this brutal competitiveness and complexities of cultures too. This emancipation is impossible without persevered discipline of both persons as well as cultures-milieus. Contemporary human world pathologies owe their

prosperity to dwindling conscientious discipline in human life-living as well as in cultures.

The long and tumultuous history of evolution as well as human life-living is singularly the saga of the magically mystical entity of dualistic **Experience-Cognition** and its infinite journeys of dots and spans in precarious milieus with high propensities of entropic eventualities. My own 57 years are no different. Before me, over hundred billion such individual-subjective set of experience-cognition has happened and gone away, which we popularly know as life and death. Hundreds of billions of such shall happen and go away in future, including my own experience-cognition media, which is now '57'. There is no reason, whatsoever, to assign undue importance and meaning to personal and subjective individual life-span. This assertion and the need to assign it to every individual experience-cognition, is what we shall talk later in detail.

What I very humbly propose to say, through this 54th eBook of my individual *span* of '57', is that consciously and conscientiously, I have tried my stupid best, to use this powerful driving force of experience-cognition, not to create and get carried away by the bubbles of realities, rather to use the energy to unravel and demystify this powerful media of experience-cognition itself. My humble enterprise is to **underline** the beauty-brilliance of the *theatre* of experience-cognition and **undermine** the

populist jugglery and propensities of the *protagonist* of personal self.

What I very humbly try to share with you is not what I can say I have known or experienced. Rather I can say that what I share are probable dimensions of the possible realities of the experience-cognition, as facilitated by modern knowledge of contemporary science, which may help you to unravel-demystify it, through your own subjective individualized experience-cognition. The 57's 54th is another bubble but proposed to be the one to unravel the dynamics and dimensionalities of all bubbles. As with all my previous writings, I am sure, this 54th stupidity shall also be accepted by the magnanimity and compassion of my beautiful readers. Compassion is the costliest and best software and my stupid hardware has singular reliance on this software superiority in you.

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CHAPTER 1

The Potentials and Probabilities

This very potent and cogent tool or mechanism of experience-cognition is the seed of all potentials and all potentials are value-neutral probabilities of realities for the media of consciousness. That is why it engenders the two

extremities of *God* as well as *Demon*, depending on the ambient and dominant causalities of the local milieus, where and wherein a subjective consciousness navigates as a *theatre* and operates as a *protagonist*. After millenniums of human life-living history, it is common knowledge as how this dynamic agency of experience-cognition, in interactions with local-ambient milieus, has created the varied and contrasting spectrum of worst of the probabilities of criminalities-depravities-banalities as well as best of compassion-fraternity-splendor. That is probably why, since very inception of human civilization to this date, this mystical instrument of subjective and contrasting experience-cognition has been the subject of core interest and investigation.

Consciousness as the theatre as well as a protagonist is probably the most mesmerizing emergent reality out of the cosmic construct as it happens to be the sole portal of actualization of all probabilities of realities. Consciousness in its holism and entirety of spectrum is the singular potential of all probabilities. It engendered philosophy, spiritualism, psychology and now modern science. The journey of consciousness from its cellular origin to evolved human eventuality, over billions of years has been some magic and mysticism, which needs to be fully unraveled and understood. Sadly, the mysticism and misunderstanding about it and around it has persisted over the millenniums and that is probably why; gruesome and

burgeoning pathologies of human cultures have eluded lasting cure; or at least a good management of the malaise.

If we look back at human journey of empowerment or the history of evolution to complexity of cultures, we can say with utmost surety that the one of the most remarkable achievements of modern day humanity has been the painfully and painstakingly evolving knowledge of the very structure and functionality of this potent driving force of experience-cognition itself. Contemporary and modern empowerment of humanity is about a brilliant and deeper unraveling of core structures-functionalities of not only consciousness but life itself, in its holism and microcosm. It seems hugely debilitating and pathological that larger humanity had to and still has to accept and live out the fake-fudged-fabricated-propagandist ideas about experience-cognition, life and reality, created and perpetuated by old-archaic depraved-criminalized agencies of religion-spiritualism-philosophy-politics; before the modern objective science of consciousness-cognition-causality could come up with true and verifiable knowledge. Tragically enough, even today, over 99 percent of humans remain oblivious of scientific facts and happily live out the fake-fudged-fabricated ideas.

Very clearly, the pathologies of humanity have been two dimensional – first, the very lack of true-objective-verifiable knowledge of the life-living force of experience-cognition and secondly, the persistent and hypocritically perpetuated

spread of fake-fudged-partial-propagandist knowledge among larger humanity, across all cultures. It is hugely depressing and massively perilous for humanity that larger pathologies of human cultures have remained as catastrophic and pervading as they have been thousands of years back, when humans were not even cultured and civilized. The ritualism has been modified; depravity remains the same.

May be, it is time we humans looked deep into the dimensionalities of the persistent pathologies of experience-cognition and design probable cures and good management. As I humbly hypothesized earlier; it is such a marvelous facility and faculty of the mechanism of human experience-cognition that it can *witness* and *analyze* the self. Since very early days of human civilization, our worthy ancestors realized this and therefore, the powerful idea of *aatm-anveshan* (self-exploration and self-dialogue) has remained at the core of Oriental religions, philosophy and spiritualism. This process however also met with the same pathologies, we have mentioned above. Most modern popular spiritual practices stand as corrupted and corroded versions of the originality of the idea of understanding the journey of Self.

This 54th of my own 57 is a humble enterprise to look at these pathologies and arrive at a possible solution or management. The hypothesis, as mentioned earlier, is that these 57 years of my own subjective experience-cognition

as well as the freely available modern scientific knowledge about life-living as well as reality in general, may help to unravel and decipher the dynamics of pathologies as well as their probable cures and good management.

Pathology is very much embedded in and coalesced with existence and reality, primarily because of their vastness, randomness and complexities as well as the way multidimensionality of reality, as experienced by different media of consciousnesses, exist and compete with each other. What adds to the propensities of pathologies is the fact that an individual subjective experience-cognition structure and its mechanism-processes are innately too poor and insufficient media to fully understand reality in its holism, until and unless mentally trained for it.

Consciousness is only innately designed for survival and to thrive in acquiring existential (competitive) skills that too in a rather localized ambient milieu. That is probably why it is not so difficult to become a billionaire business man or woman but hugely tough to be a compassionate and magnanimous gentle man or woman. The former is easy as it is attained flowing *with* the current, whereas the later is a struggle *against* the current. The former requires skilled *enterprise* to use the current for personal success, whereas the later needs *discipline* and conscientious resolve to go against the current. It requires long mind training, discipline and acquired non-intuitive knowledge to understand and internalize the multidimensionality of reality. Only a handful is fortunate to have them. Therefore,

pathologies remain with the mass majority and cure is available for a few.

The cosmos and the life-living structures are hugely colossal, expansive, diverse, randomized and complex. The individual subjective consciousness and its innate-intuitive-untrained experience-cognition faculties are too poorly qualified to face and understand the complexities. This creates twin troubles – first, it ensures that pathologies-troubles are the rule and health-solutions are scattered and minority availability. Secondly, it makes understanding of reality hugely difficult, which in turn cyclically engenders and adds more and more pathologies into the life-living structures and systems.

It is probably an easy way to understand that evolution may be termed as a rather slow-paced race against mounting and diversifying pathologies in the overall life-living environment. Probably, evolution engineered this potent tool of experience-cognition in living beings, especially a rather complex mechanism of Consciousness in humans, as a design to tide over the ambient pathologies and optimize survival of the living being. Evolutionary tool of survivalism is the wired competitiveness for self-preservation and an untrained consciousness innately epitomizes the competitive spirit and propensities in all living organisms. But the same consciousness has the potential to unravel the pathological propensities of brute competitiveness and

replace it with conscious-conscientious compassion-fraternity.

In that sense, pathologies emanating out of brute competitiveness are the true and real attributes of innate milieus as it is powered by the reality of evolution. Therefore, naturally, love-compassion-fraternity can better be understood as *illusions* of consciousness and a fabrication of virtual spectrum of experience-cognition. In that sense, animalistic competitiveness is *reality*-viscerality of human body-brain and compassionate fraternity is a *simulation* of consciousness, qualifying body-brain to wear the crown of humanism. This illusion-simulation is the sole and singular basis of humanism and human cultures, as it has been consciously designed to counter the innate and automatic accruals of competitiveness as embedded in reality of evolution in physical milieus.

This dualism or conflict of human consciousness, as evolved in long time progression, was very clearly understood very early by humanity, almost 3000 years back. The ancient Indian philosophy-spiritualism, as scripted in *Yoga* and *Buddhist* scriptures, clearly mentions as how consciousness itself is the sole media of both conflicting and competing cognitions of competitiveness and compassion. It mentions that the same consciousness shall viscerally indulge in selfish indulgence and monopolistic attainments. The indulgences and attainments itself has the seeds of detachment, renunciation and

compassion, as the consciousness is constantly in knowledge and acceptance of inevitable fragility and mortality of self. Consciousness seats the twin and conflicting cognitions of utility and futility, indulgence and moderation, attachment and detachment, competitiveness and compassion. The fragility, ephemerality and mortality is embedded in consciousness and it breeds the twin and conflicting cognitions. This is the design of evolution and hardware of consciousness.

However, this very design or mechanism of evolution has been beset with the same twin trouble – experience-cognition system or Consciousness systems is very complex and diversified and secondly, humanity has never truly understood its complex reality. Both factors have ensured that contemporary humanity now lives in a life-living environment, which is so brimming with uncontrolled pathologies that it is almost impossible for any individual consciousness or experience-cognition system to work in sanity, vitality and prosperity.

There are three core dimensions, which need to be unraveled and understood in complex details to decipher the pathologies of human life-living; both at personal as well as collective levels. They are –

1. Consciousness (experience-cognition) as a navigational tool of a complex bio-chemical entity called life and embedded pathologies in its

interactional functionality with equally complex physical-psychological milieus.

2. Energy and trajectory of Evolution, its holistic interpretation in terms of complex causalities of life with milieus, overall impact on consciousness and aligned pathologies for life-living.
3. Complete lack of knowledge of Reality of consciousness-evolution processes and almost total historical failure of humanity and its intellectual leadership to put up corrective or healing mechanisms to arrest or manage the intense propensities of vast-complex pathologies.

It has to be mentioned here that the journey of my own 57 has clearly and painfully underlined the importance of a very old and established but massively ignored artistry of a knowledge regime, which was established and elaborated by our worthy ancestors almost over 3000 years back. In ancient Indian philosophical-spiritual traditions, it was insisted and reiterated that life was a very potent and galvanized media for the singular purpose and pursuit of knowledge acquisition. Two terms or ideas, known as *aatm-gyan* and *tatva-gyan*, dominated the massive load of philosophy-spirituality, which were scripted as early as 3000 years back. The Sanskrit word *Gyan* meant knowledge, *aatm* and *tatva* signified self and elements respectively.

Spiritualism essentially meant life-long initiatives to unravel and imbibe knowledge about **Self** as well as all **Elements** (causalities) in external as well as internal milieus and decipher the intrinsic and embedded relationship between the two to optimize personal as well as collective wellness and prosperity. *Aatm* and *tatva gyan* were described as two critical tools to decode and decipher the *maaya* (illusion) of reality, which consciousness encountered in life-living. In contemporary times, pure science has taken over the same role, which was earlier assigned to philosophy and spiritualism. In 21st century, core science is the only true religion but is known to and followed only by a handful.

It has to be understood that ancient Indian society-culture probably created a sort of role-segregation to optimize collective life-living wellness-prosperity by classifying society into four role-work specializations. In modern contemporary times, science classifies this role segregation on the basis of dominant consciousnesses or brain types. It hypothesizes that different humans are born with and persist with shades of consciousnesses, innately aligned towards and suited for different role-work propensities and life-living choices. This role segregation has also been defined in terms of different brain types, humans are born with. In ancient Indian culture, those consciousnesses suited for knowledge pursuit were assigned the label or term of *Brahmnas*. The protective warrior roles and societal regulations were allocated the term called

Chhatriyas. The *Vaishyas* were made to supervise trade and commerce and the *Sudras* were assigned the roles of production and all manufacturing activities, involving physical work. It is believed that the *Brahmna-Chhatriya-Vaishya-Sudra* identities were not persons or individuals but shades of consciousnesses, considered innately suited for specific roles. These roles were assigned for collective wellness and prosperity and in a sense also eased out life-living for individuals. However, it was highly restrictive for consciousnesses and in a sense augmented the pathology of slavery of experience-cognition spectrum.

Essentially, the *Brahmnas* created rules and laws of good and prosperous life-living, which were coded into ritualistic practices (*karma*), assigned to all, popularly known as *dharma* or religion. This model of societal management was replicated in different forms, in almost all contemporary civilizations, across geographical expanse. The role segregation was required, as ancient humans settled, led a regulated life and necessitated specific behavior-action regime, against the innate evolutionary design of brute competitiveness and self aggrandizement. However, the embedded pathologies of hypocrisy-depravity-criminality vitiated the role-segregation models and evolved the most brutal pathology of **Power Politics**. This pathology of depraved-criminalized power politics remains the most deadly disease of human cultures, even in modern times of knowledge, reason and rationality.

This simple and innocuous social arrangement was later corrupted and the depravity spread to all aspects of life-living. This also happened with all civilizations and cultures. All human histories, across geographies have common evolutionary trajectories of pathologies. The pathologies are now beyond redemption. This can be understood simply by looking at contemporary *Brahmnas*, whom we know as politicians (modern lawmakers) and their massively multidimensional depravities and criminalities. Politics and power structures, across geographies have common and generic depravities, hypocrisies and criminalities.

Human history of civilizations-cultures and trajectory of evolution, hint at the causality of corruption and criminality in human world. It is easy to understand and accept as how corruption and criminality creep in and get institutionalized in human world. The very organismic and entrenched propensity to optimize survival potentials has engrained and embedded seeds of corruption-criminality. The *Brahman* role of law making or supervision of *Dharma* was designed for consciousness and not the person. The role was meant to be assigned to a consciousness, which had the innate faculty and facility of suitable experience-cognition spectrum to successfully perform the role. However, a consciousness may be objective and continuous (theoretically immortal) entity in a milieu but consciousness itself is housed in a body, which is mortal, ephemeral and very subjective.

This duality of role-performance between virtuality of experience-cognition and potent perception of the reality of body creates all pathological propensities. The body has the innate and embedded urge to maximize survival, perpetuate-monopolize personal positions of favorability in the milieu and attain immortality of attainments. The brain is objectively aligned to body's instinctive need for navigation in a milieu. Subconsciously therefore, the brain automatically aligns with body's assignment of survival meaning-worth and alters the experience-cognition spectrum to attain whatever a body seeks for successful navigation in an ambient milieu. Most pathologies of hypocrisy-depravity-criminality are subconscious; so are virtuosities.

Moreover, as the milieus become more competitive, the subconscious propensities for pathological behavior enhance. Evolution ensured that societies became growingly competitive as growing human population augmented the competitiveness for acquiring-preserving-monopolizing the limited and dwindling resources in an ambient milieu. Modern contemporary times are marked by worst of competitiveness and deep deceptions, as massive human population has created pathological inequality and struggle for bare survival. The pathologies are therefore at their worst ever.

The evolutionary journey of human pathologies; especially in three core expressions of hypocrisy, depravity and

criminality, is well documented and almost common for all different races of humanity. This itself suggests that the seeds of all pathologies are embedded and enshrined in the singular common thread of 'experience-cognition' mechanism-processes. The very design and functionality of experience-cognition germinates and blossoms all possible pathologies of life-living. As we talked about it earlier; it is singular tragedy of humanity that consciousness has not yet been fully unraveled and deciphered. Also, even when loads of novel knowledge has been acquired by modern science about consciousness and cognitive processes of brain states, mass majority of humans are still not aware of them and still stick with archaic, obsolete and depraved religion-spiritualism. Very naturally, the pathologies it potentials are also beyond correction and remedies.

This eBook is aimed at humbly attempting to unravel the pathological propensities and causalities of the pathologies of experience-cognition processes. The idea is to understand pathologies so that you have the facility to optimize your personal sanity-wellness-prosperity, even while living in a milieu, where collective pathologies are well beyond redemption and good management.

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CHAPTER 2

Historicity of Human Pathologies

To understand the pathologies of human world and its possible cure-management, we have to unravel and decode the twin dimensions of *Reality* as well as its *Experience-Cognition*, not only in human life-living but across all lives. This understanding is easy as well as hugely difficult. It depends largely on how we approach knowledge and how we deal with experience-cognition of the reality of what we can term and accept as knowledge. I very humbly attempt to unravel the processes of pathologies, which my own 57 years of life-living has experienced and internalized.

It is important to unravel and internalize the aspects of reality and experience-cognition. It is difficult because there are parts of them, which are unraveled intuitively but large parts are non-intuitive and therefore tough to internalize. The intuitive experiences are primary and direct; backed by prompt evidences of senses and therefore come automatically, whereas non-intuitive ones are secondary, indirect and embedded; the evidences for which come not from senses but external information, therefore available for experiencing only as derivative cognition.

For example, a heads in a toss of a coin is direct reality, whereas the reality of the probability of a tails is an embedded and indirect one. Even while the manifested reality of *heads* works its ways in milieus or consciousness, the embedded reality of *tails* and its probabilities remain there in milieus-consciousness, dormant but ready to come

alive anytime. The *heads* is visible and therefore senses endorse its evidence, whereas a *tails* is invisible and therefore not to be evidenced by senses. There is a famous experiment where a hundred people would be told – ‘Look the crow has taken your ears away’ and subconsciously and automatically, 99 percent people would first look away to track the crow and only one percent would first check its ears, before realizing that it is a joke. It happens because of the fact that tracking a crow is visceral reaction of brain. as a crow can be seen and ears not. May be, the word crow coming first before ears, in the framing of sentencing, also makes the brain react to looking at crow first!

For example, *nakedness* is directly and intuitively associated with the auto-manifested experience-cognition of *sensuality* but the non-intuitive experience of inevitable *mortality-fragility* is embedded in nakedness; very rarely experienced and internalized. Sensuality is upfront, intuitive and automatic reaction of the senses for which brain is wired. The mortality-fragility is embedded but hidden, non-intuitive and derivative experiencing, which is happily deferred by the brain. However, if the nakedness happens to be that of an old, emaciated, traumatized body, instead of a young, blossoming, gleaming body; the same brain shall come up with the emotion of disgust, rather than happiness as the primary cognition shall be mortality-fragility, rather than sensuality.

This very dualism seems to have been potently expressed in many ancient temples of India, where nakedness of body and its sensuality was adorned on the outer walls of temples. *The embedded-ness of **spirituality** in **sensuality** is the holism of reality of **nakedness**.* This is the intuitive and non-intuitive divide. Most men and women understand sensuality and spirituality only as different mutually exclusive parts and never internalize its true holism. This is the seed of pathology in human experience-cognition structures.

In that light, knowledge should ideally be known and accepted as a set of information, which facilitates and augments integration and holism of different possible dimensions of the probabilities of reality, which otherwise intuitively and viscerally look singular and partial. Knowledge leads to holism by integrating the parts, intuitively available for experience-cognition, with non-intuitive cognition. Relying and accepting only visceral-intuitive cognition is solipsism and marked anti-intellectualism, which almost 99 percent people are pathologically inflicted with. This pathology is itself non-intuitive; hard for intuitiveness to accept and internalize.

Knowledge facilitates experience-cognition to internalize the critical importance of this very process of non-intuitive thinking and information processing of brain states. This specific mind training of non-intuitive experience-cognition for curative processes of the pathology has always been

missing. Modern times are worse. This intuitive and non-intuitive experience-cognition has to be understood in detail to unravel the deep pathologies of consciousness in particular and that of humanity in general. Let us understand it with another easy and popular example.

It is a golden rule of life-living – ***what you want is what you seek but what you seek is not always what you need***. This rule is most vividly expressed in the food you love to eat. Usually, most people eat the type of food they love and relish the taste, appearance and aroma of. However, we all must remember that what we eat should always help us enhance our health and nutrition. If taste, beauty and aroma of food we eat are additionally available with health and nutrition then it is ideal. This doesn't happen as most people eat only for taste and beauty and ignore health and nutrition. You need to understand why it happens. Mostly, our food habits underline the conflict between what we **seek** and what actually we **need** the best.

The crucial question and critical answer must be understood. Why it is that what we seek is **not** always what we actually need. This difference and conflict between our *desires* and *needs* must be clearly understood. To understand this, we have to understand the terms *intuitive* and *non-intuitive*. We have already talked about them and their importance. This knowledge is essential for understanding your relationship with reality. This

awareness is singularly vital for your lifelong wellness not only for health but overall success in all walks of life-living.

Broadly, *intuitive* is what you feel and believe as true and right, without any external evidence, just because it makes you feel good and happy. *Non-intuitiveness* is often contrary to intuitive feeling, based on objective facts as sufficient scientific evidence; even as it does not feel the way you like and want. Often, what you feel, what you *want* and therefore seek, is intuitive feeling, the evidence of which comes from your own body and brain. Therefore, you don't even bother to entertain any other evidence, different to what your body-mind tells you. Contrary to this, what you actually *need* may be available to non-intuitive perceptions, the evidence of which is available but you have not yet known and therefore you do not entertain. Taste, beauty and aroma of food is the evidence of your body and it is self-evident, visceral and intuitive to you, therefore it seems that any other external evidence for utility-worth is not required. However, what your health needs is based on evidences, which is externally available through scientific knowledge but not approached as it stands contrary to self-evidences of body.

This conflict between intuitive and non-intuitive experiences installs the primary and most critical cycle of *learning* and *unlearning* throughout your life. What you need to **learn** very specifically is that primary and core purpose and utility of eating food is to provide good and

right ingredients to the *mitochondria* of trillions of cells in your body, to produce energy and perform many homeostatic roles, which your body and brain needs to survive and work. You are made of 30 trillion cells and the mitochondria in every cell, is the *master chef* that *cooks* energy for life of cells and does other important things to make you live well. Then there are over 35 trillion bacteria in your gut, which help you in metabolism and immunity. The mitochondria also have bacterial ancestry. You have to take good care of your mitochondria and bacteria. This very learning is possible only when you **unlearn** that what you seek to eat is what your body-brain needs to survive and work well. This intuitiveness is needed to be unlearned to allow the acceptance of non-intuitiveness of reality, not only about food but most other realities in your life-living.

This idea about intuitiveness and non-intuitiveness, its inbuilt conflict and value of it was handed over to me by my father, when I was only ten years of age. I grew up to experience the true value and different aspects of the idea and I am still experimenting with it. Essentially, growing up and maturing in life's journey means that you clearly see and understand this conflict between desires and actual needs. Maturity and intellect is to internalize as why bare and exclusive *intuitive* desires and wants, which mass majority of people seeks in their lives, are root cause of loads of stupidities, hypocrisies and unintended (subconscious) wrongs most people do. Intellect is to install

the non-intuitiveness in time to galvanize the holism of all realities one has to face in life-living.

Taste, beauty and aroma of food are intuitive experiences and true and right only to you, as your own body-mind gives you the proof. Different people shall have different desires of taste-appearance-aroma, as per the proofs given by their body-brain. Health and nutrition of food is non-intuitive reality, as it is singular and common to all humans. The evidences of true and right health need of food are common and available to all but you have to learn them. They don't come automatic to you like taste, beauty and aroma of food you desire.

Health and nutrition needs are clearly defined by proven scientific evidences that it is required for energy to your 30 trillion cells. That is why, what you seek is not what you always need. Reality is not only intuitive but a mix of intuitive experiences and the conflicting non-intuitive facts. The conflict between your desires and actual needs shall remain because of ignorance of facts. Knowledge ends all conflicts as it makes all your needs to stand as what you begin to seek.

That is why you should always make a balance between your intuitive and non-intuitive feelings, perceptions and experiences about truth and worth-utility of not only the food you eat but everything else you choose for your desires and wants. That shall help you seek those, you actually need.

In the ancient Indian Yoga philosophy-spirituality as well as in Buddhist traditions, this very powerful spectrum of dualism of experience-cognition of knowledge of reality has been elaborated in details. It is amazing and equally enlightening as how early humans; even 3000 years back could unravel the seed situation of all human pathologies, embedded in the mechanism and processes of how dualistically reality is unraveled by subjective experience-cognition. The tragedy is; as only small part of knowledge is intuitively available for internalization; mass majority of humans are only aware about physically manifested rituals of meditation and exercises, associated with Yoga as well as Buddhism. The embedded and non-intuitive philosophy-spirituality of these two powerful systems of knowledge is largely ignored. That is why even sublime spiritualism has also become the vehicle of pathological propensities in contemporary times.

The Yoga-Buddhist philosophies insisted thousands of years back that reality is almost always multidimensional and unraveled through intuitive as well as non-intuitive processes of experience-cognition. The twin ideas of *aatm gyan* and *tatva gyan* were elaborated to unravel and understand the processes of expressions of multidimensional reality. The ground rules for *aatm gyan* and *tatva gyan* were also clearly laid down. Knowledge of self and elements of reality was clearly emphasized as the sole purpose of life-living to minimize pathological propensities and optimize personal as well as collective

sanity-wellness-prosperity. Modern science of consciousness, cognition and causality now deal with the same idea of dualism and multidimensionality of expression of reality through a plexus of tangible-intangible information.

To understand this in simple way, what we have been talking about, we detail a very popular and daily life example, elaborated in Yoga-Buddhist philosophy. It shall very clearly elaborate about all aspects of reality as well as experience-cognition, we have discussed above. There is a story about a poor man, who suddenly found a large pot with hundred gold coins in it. The poor man could not believe his luck and became extremely happy. He thought, he was the happiest man on earth and began to believe that all his woes and pains were gone as he had the wealth and prosperity. However, very soon, the initial euphoria was replaced by fear that he may lose the wealth as the king may take it away or the thieves would steal it.

Happiness was replaced by worries as how to protect his new wealth. Months later, he was also unhappy that a hundred gold coins were not enough as the richest man in his neighborhood had more. Finally, he was depressed thinking that the wealth he had would be of little use as he would one day die and would have to leave the gold coins for his stupid sons, who would squander it.

The simple idea behind the story is about how reality is not singular but multidimensional and latent, as any

information is causally linked to different information already existing in an ambient milieu. This story points out to the fact that the very intuitiveness paves the ways for many non-intuitive experiences to come and get internalized in progression of time and space. This story also points out to the holism of different parts; a reality is available for experience-cognition and the need to integrate them all for prosperity of life-living. The Yoga philosophy insisted on this dualism by insisting that any reality, which a person experiences or has the cognition of, is only one aspect of different and competing-cooperating probabilities. It said, a specific situation is just one of the many probabilities of experience-cognition, embedded in the larger reality. Therefore, different subjects or observers of experience-cognition may have different perception of what may intuitively seem to be a singular reality. This means, reality may not be exactly what it is but what one makes it and out of it. This means, reality is subjective to experience-cognition, even while objectively, reality is only multidimensional probability. This knowledge is critical and its attainment is the process of *aatm* and *tatva gyan*.

So, the safe hypothesis is that reality is not a singular specific situation but a spectrum with probabilities of actualizations, depending upon the specificities of different subjective experiences-cognitions. This is what we may accept as seed of pathologies in human life-living. Different people and different life forms shall have different *intuitive*

experience-cognition of reality, even while there shall always remain common singular *non-intuitive* dimension of the same reality to be experienced. This self-evident intuitiveness is so powerful and seeded so deep in subconscious mind layers that every individual shall seldom accept what others accept as real and true. This conflict and competitiveness embedded in the way reality expresses itself and is accepted as spectrum, rather than singular situation, is the seed of all pathologies. The remedy therefore is in holism; in compassionate acceptance of non-intuitiveness.

The seed trouble is that all conflicting-competing realities, or at least the perceptions of realities, have to co-exist and survive within an ambient milieu and this unleashes a hugely pathological element of 'Power' in life-living. Almost every human being knows and realizes that power corrupts and absolute power corrupts absolutely. Still, from as simple as personal-family relationships to complex milieus of society-cultures and nations, almost all realities in human world are shaped, guided and maneuvered by multi-dimensionalities of power.

This embedded element of power in all realities in turn engenders the structures of **Politics**. The pathologies are embedded in reality as all realities in human world; as average person experiences them, have juxtaposition of power and politics in them. Both come intuitively to most humans. It has to be understood that power is innate in

life-living as it is a natural expression of entrenched competitiveness for survival. That is why power structures and their expressions in terms of political choices are organic, visceral, intuitive and common even in animal world.

However, politics in its full spectrum is purely human creation as politics stands out as humanly orchestrated ingenuity to ensure not only primary survival successes but also those attainments, which are socially-culturally relevant and worthy. In animal world, politics is a small set of behavioral traits of deceptions, which most animals resort to for bare and simple competitiveness of survival optimization in personal as well as collective spaces. Humans add energy of intelligence of cunningness to expand the domain of deceptions into multidimensionality of depravity and criminality.

There are two aspects of pathologies and their manifestations in life-living. The first is the structure of pathologies, as embedded in humanly perceived-experienced reality and its expressions itself. Second is the human intellectual investment, or the failure of it, for successful management of the pathologies. The histories of humanity and contemporary human cultures across the globe are strong testimonies of the situation that human intellectual faculties have failed big time in not only understanding but also in optimal management of pathologies. The failure emanates out of the big time

inability as well as obduracy to refuse to see and accept both reality as well as illusions of life-living.

Probably, the worst and potentially most perilous reality in human world and life-living is what we may call the **Falsehood or Illusion of Self**. This falsehood-illusion, about what most men and women think of and perceive of personhood or subjective self, breeds loads of dishonesty and deception in the idea of Consciousness. This in turn engenders the ultimate and multidimensional pathologies of hypocrisy-depravity-criminality in human life-living systems and cultures.

This hypothesis of falsehood-illusion of self is as old as human civilization itself. In ancient Indian philosophical-spiritual traditions, it was referred as *Maaya* (illusion). This classical idea of *Maaya*, as early as almost 3000 years back, was central to the overall philosophy of life-living and subjectiveness of personhood. It elaborated a hypothesis about how reality, as it expresses itself to the experience-cognition spectrum, is an illusion, which humans live out, because of the fact that consciousness as the media of experience-cognition, falsely or illusionally perceives the virtuality as reality.

It largely happens as what consciousness intuitively perceives-experiences is only a small restrictive portion of reality and what it misses is the holism of reality, which comes only after it is juxtaposed and rationalized by counter-intuitiveness or non-intuitiveness. The long journey

of human intellectual evolution is the saga of expansion of the horizon and domain of non-intuitive experiences of realities, through objective scientific knowledge, which 99 percent men and women are always unaware of. This is the basis of falsehood-illusion of self. The Yoga philosophy and Buddhist traditions meticulously detailed the regime of falsehood or illusion of consciousness and cognition.

Early human knowledge could experience the falsehood of self and even laid out the pathologies involved with this falsehood. However, it is only contemporary and modern science, which could understand the objective and verifiable physical basis of this hypothesis of falsehood of self. The modern science has laid down the neuro-biological causalities behind this falsehood of self. Science has unraveled the mechanisms and processes of body-brain, to elaborate as how a transient, ephemeral and emergent brain process of consciousness routinely and repeatedly fakes and fudges information from milieus to present a virtual model of reality for an innocuous and limited purpose of navigation of the organism in the external milieus. Science has decoded the mechanism-processes of what ancient humans called *Maaya*; now better understood as the more specifically elaborated but complex idea of *Simulation*.

It is tough to fully understand and internalize the idea of *Maaya* or simulation in its holism, as the very experience-cognition of this idea is conflational and emergent.

Consciousness of individuality or subjective Self is very difficult to be deciphered as consciousness as a virtual model of navigational map of ambient reality is both a *theatre* of manifestations of reality as well as an emergent entity of a *protagonist*, which leads the navigational roles. Consciousness as a model therefore incorporates the twin roles of *perception* as well as *action*. These twin roles get conflated and the hypocrisy or falsehood of self is accentuated.

The perceptual field or spectrum decides the boundaries of the actional field and actional spectrum in turn shapes up the landscape of perception. Therefore, as the perceptual field is just the *theatre*, where reality is only 'scripted' or represented as a model of probability in a given time-space frame, the protagonist has to be nothing but a virtuality of probability of reality. Both theatre and protagonist are only a probable model or enactment of reality; therefore consciousness is also a navigation tool to enact or model a virtual copy of reality. Very naturally, the sense of subjective Self or individuality is an emergent spectrum of probable enactments or models of reality, in a restrictive ambient-localized time-space landscape.

This representation or enactment of reality by an agency of emergent enactment itself is not easy to understand and internalize. We intuitively feel and accept *understanding* as some segregated and stand-alone entity but it is in fact very well part and parcel of the complex processes of

information processing of brain states. It is like we all feel seeing as some distinct and discreet function but the reality remains that it is not, as seeing and its visualization is only a part of the complex cognition process, involving a wide spectrum of bio-chemical processes. That is probably why human hypocrisies and resultant depravity-criminality of individual or collective consciousness is so endemic and embedded in life-living and experience-cognition. The compassionate acceptance of stupidity-hypocrisy of intuitiveness and its failed marriage with non-intuitiveness is hugely missing in 99 percent of men and women.

It is critically required to get into details of this falsehood of self and deeply understand how human world pathologies are the natural outcomes of this embedded trouble in the experience-cognition structures. Once we understand the falsehood of self and the *Maaya* of reality, we can easily visualize the human pathologies of hypocrisy-depravity-criminality. Decoding the mechanism-process of pathologies itself is half the cure of the malaise. We can also realize that as mass majority of men and women live out the falsehood and virtuality as truth and reality and they are never ever trained or educated to unravel the falsehood-virtuality; they live out the pathologies as 'success' and in turn add magnitude and dimension to already flared up pathologies.

It is a mystically marvelous situation that for trillions of living experiences-cognitions of different organisms, except

those of humans, the virtuality or partial-fudged reality is the only true reality. It is almost certain that only humans have the evolved brain structures and now optimized knowledge regime to consciously and intellectually differentiate between the probabilities of *real* and *virtual* – intuitive and non-intuitive. Only humans have the mental faculty to unravel and understand *Maaya* or simulation. It is however debatable whether an average human consciousness has the ability to come out of this simulation and break free of the *maaya*. This golden mental faculty and facility, to discern the full spectrum of probabilities of reality, seems to be the only intellectual instrument to escape the onslaught of pathologies in life-living.

Tragically, this mental-intellectual faculty is not an automatic accrual or possession of every single human brain. In fact, like all other living organisms on earth, mass majority of humans are intuitively wired to accept the falsehood as truth and subjective virtuality as singular objective reality. Human faculty is only an evolution over animal faculty and human brain states have common experience-cognition structures with animals. The human evolutionary faculty is only very recent appendage to the animal realities and if untrained, mass majority of humans remains as animal, as their animal brains innately require them to be. The intellect to discern and doubt the falsehood-virtuality comes with long mind training, which only a handful men and women are lucky enough to have.

The conscious is not a segregated entity but only a continuous part of the spectrum of unconscious and subconscious. This is critical knowledge and requires persevered mind training to actualize and internalize this reality of consciousness. Also, a conscious and a conscientious human being are not the same reality; they are emergent, evolving and continuous stages of life-living journey or span. Both probabilities are only an evolutionary and emergent probability out of the spectrum of unconscious-subconscious and available only after long mind training, through a well structured education-upbringing regime.

All these aspects have been well understood and practically replicated in artificial intelligence domain. This probability is available only to a handful as even in modern contemporary human world, mass majority of men and women are still struggling with primeval survival question and cannot afford the leisure and *self-analysis* or *witnessing* prosperity of consciousness. This is human tragedy. This disability or tragedy is the prime causality of most pathologies of human life-living.

This disability in fact seems to be the favored design of evolution. It has to be understood. It is such a huge facility for contemporary humans that modern science has painstakingly acquired the knowledge in many critical domains like neuroscience, evolutionary biology, artificial intelligence, etc. As we have talked earlier, early humans,

even thousands of years back, could understand this disability, we are talking about now. They unraveled this disability through the media of experience-cognition and expressed it through questions about life-living 'reality', which even contemporary modern men and women ask in 21st century. This disability, as the probable evolutionary design and its relationship with pathologies of human world needs to be understood.

To decipher and internalize this all, modern humanity has to first 'unlearn' the age old, archaic, mundane, obsolete, fake-fudged-propagandist and largely speculative knowledge, as advanced and popularized by religion-spirituality-traditions, which happen to be the primary reason as why mass majority of humans still live out the falsehood of self and virtuality as singular reality. This *unlearning* alone can make possible, the galvanized acceptance of modern scientific knowledge about the disabilities of consciousness and experience-cognition structures of human brain. This in turn may facilitate the correction-cure-management of pathologies of human world.

This 'unlearning' is not an easy thing to happen to humanity in general as it requires colossal and entrenched change in the way a normal and subconscious experience-cognition of a man or woman perceives reality of *Life* as well as the *Living* in milieus. That is why the human pathologies of hypocrisy-depravity-criminality are also

colossal and entrenched. Thousands of years of cultural stupidities and hypocrisies simply cannot be unlearned by the mass majority of humanity, who are happily oblivious of and blissfully reluctant to undertake and imbibe modern scientific knowledge about self and reality.

The task is huge even for a man or woman, who is willing and able to accept and internalize objective and scientific novel and alternative knowledge. Since thousands of years, average person has been subconsciously and consciously mentally trained to visualize and live out the idea of consciousness, solely in terms of intuitive human experience-cognition. This primary and hugely restrictive premise has to be unlearned and altered. Modern scientific knowledge has facilitated the validated knowledge that sees and actualizes consciousness not only in terms of human experiences but largely in relationship to a universal spectrum of organismic sensing and navigation in macrocosmic biosphere. Moreover, the very core idea and reality of life itself needs to be visualized not solely as human but essentially as a chemical probability and its evolution not only on earth but in the vast milieu of infinite cosmos.

The modern scientific approach of accepting reality as plexus of information has completely changed the way self and reality are required to be accepted and internalized by experience-cognition structures. The core hypothesis of Information as core and critical constituent of reality

facilitates a novel and alternative approach to the very spectrum of experience-cognition. But it is difficult to learn this novel-alternative hypothesis as thousands of years of cultural burden of archaic and fudged knowledge has to be unlearned first. Also, the new scientific ideas of Information et al require a level of mental awareness and mind training to reorient perceptual processes, which is missing for the mass majority of men and women. The very existing and archaic model of experience-cognition has to be altered to allow the advent of a novel and alternative experience-cognition of the realities of intelligence, consciousness and information et al.

The novelty of the hypothesis of Information facilitates the probability of the viability of computational realities of consciousness and experience-cognition. It is mesmerizing and hugely satisfying how modern and contemporary knowledge of artificial intelligence presents a viable and measurable process of the probability of computational model of consciousness and cognition, which explains the reality of self and that of the milieus. Artificial intelligence, along with molecular biology and evolutionary biology are hugely helpful in powerfully facilitating a novel and alternative understanding of how life is a function of information entrenched in chemical constructs of matter, which pervade the cosmos and its probabilistic emergence in interactions with milieus.

This modern scientific knowledge is not easy to be understood and imbibed at the first place and secondly, reluctance of mass majority of men and women to accept them ensures that humanity at large remains hooked to the age-old, archaic, obsolete, fake-fudged-fraudulent, speculative knowledge pool. This is critical phase of humanity where a section of very empowered and knowledgeable humans are themselves creating alternative models of consciousness and cognition in humanly designed mechanical structures, which growingly stand as far more endowed entities than average human consciousness-cognition. This is magic for the enlightened and empowered but a probable recipe of monstrosity for the already depraved-criminalized human minds and a tool for misery of the unsuspecting mass majority of humans.

As the falsehood-conflation of self and restricted experience-cognition of reality remains the primary and core basis of human life-living and functioning of contemporary society-cultures, it is only natural that age-old pathologies of humanity proliferate and continue to lead humanity to deeper abyss of hypocrisy-depravity-criminality. The very reason and core causality of this perpetuity of pathological state has to be understood to accept the remedial route for personal correction. As modern science has unraveled loads about consciousness, cognition and evolutionary biology, it is possible to make out probable causality of persistent pathologies.

It is now a very reasonable hypothesis to accept that much of the falsehood and hypocrisy of self is associated with thousands of years of long and complicated culture of mysticism, woven around the idea and reality of Consciousness and Life. This mysticism about consciousness and innate penchant of humanity to make good commerce out of it, has added loads of fake-fudged-fraudulent-propagandist elements into it. That is probably why, maximum pathologies of human life-living emanate out of the falsehood and hypocrisy of consciousness. Society, cultures, polity, economy and religion are all theatres of dramas, enacted by this powerful protagonist of hypocritical individual as well as depraved collective consciousnesses. The best of human hypocrisies and depravities are however invested in politics and commerce as both in complicity control all power structures to keep mass majority of humanity in continued dungeon of darkness of faked-fudged-fraudulent-fabricated-propagandist realities.

As the *protagonist* is fake-fudged and the *theatre* is fed with faked-fudged-fraudulent-fabricated-propagandist data, the enactments of unsuspecting-untrained subjective consciousnesses of average men and women are bound to be massively pathological. This was understood even by early humans thousands of years back and now modern science has unraveled its core causalities. Yet, larger humanity could never institutionalize a remedial structure to arrest the propensities of pathologies in society-cultures.

We need to try and understand the reason behind it all. This 57's 54th is a very humble attempt to present and share with you, what has been internalized in my own stupid and superficial journey of time-space virtuality called life.

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CHAPTER 3

Constructs of Contemporary Chaos and Possible Cure

The primary and probably the core reality of the cosmos, to be unraveled and understood, is the incidence and initiation of the reality of the entity called **Life**. It is hugely tough for an individual man or woman to realize and internalize what life is; in its holism and entirety. This media of experience-cognition, which a human consciousness or human life-living is designed to have, for actualization of the reality called life, is very restrictive and poorly endowed media. It is intensely wired to happily and viscerally react and respond to sinews of ambient and dominant cultural themes of very localized milieus. In stupid and vulnerable ways; average untrained and un-evolved consciousness is *fashionable*, hooked to trends and insinuations of populist cultures.

Science tells us that Reality of consciousness and its experience-cognition structures is a wide and deep spectrum. It is not a specificity of situation but a spectrum of generic probabilities. It is altogether different reality that 99 percent humans actualize only a miniature portion of true potentials of their consciousness. Almost 3000 years back, the same idea has been mentioned in Indian spiritual treatise named *Geeta*, which says, reality is a wide spectrum and an average human consciousness has very limited cognition to stand and perceive only a miniscule part or portion of this spectrum of reality. It says, human consciousness can stand only at the two ends or at a point on this wide spectrum; only God can experience and cognitize the entire spectrum of reality at once. This 'God' sure looks like a metaphor of human potential itself and nothing more or else. This restrictiveness of innate human consciousness and expansiveness of the spectrum of reality have to be understood and internalized to cure pathologies. This however is available only to handful.

I and my 57 happened in a cosmic milieu, which is beyond perceptual limits of my personal-subjective experience-cognition structures. I and my 57 happened billions of years after life happened in this cosmic milieu, of which my personal existence and its experience are akin to not even a dust particle. The challenge for this *dust particle* called **Self** or 'I' is to discover and relate to the colossal expanse of universe and multitude of multidimensional **Realities** as well as **Lives**, pervading the space, beyond restrictiveness

of body and milieu. The easy alternative is to drop the challenge, indulge in visceral propensities and remain a happy protagonist of the reassuring theatre of body and milieu-culture.

The magic is – this fragile, effervescent and transient media of my personal stupid Self has the endowed and entrenched potential to successfully attain the experiential landmarks of the entire spectrum of reality. This ‘I’ has the potential to be my own ‘God’ but for that to happen, it has to be trained hard and long to actualize the multidimensionality of the realities of self as well as the cosmic constructs. This potential has to be diligently optimized through internalization and practice of objective scientific knowledge, which is the inventory of painfully evolved collective intellect. My *intuitiveness* has to be a galvanized and willful vehicle, to journey my nascent *non-intuitiveness* to destinations in the infiniteness of information.

The success comes through this powerful potential of experience-cognition mechanism-process of my stupid Consciousness, but it has to be consciously journeyed through the roads of reason, rationality and objectivity. The two parts of my consciousness – the *theatre* and the *protagonist*, have to be trained and consciously evolved in the light of objective scientific knowledge. My ‘theatre’ of consciousness has to be fed with right, true and verifiable data so that it has the sanity, symmetry and sonority of

Information to process reality in cyclic causalities and construct its subjective models in most objective ways. My 'protagonist' of consciousness also has to be trained to understand and internalize non-intuitiveness of experience-cognition processes so that my protagonist has this conscious facility to witness myself and have compatible subconscious faculty to act-behave the processed righteousness-goodness. It is a missing availability.

The classical dualism of situation is – my consciousness is designed to be very local and thrive in restrictive ambient milieus, subconsciously pursuing wired animalistic survival goals of safety, food and sex, through instinctive psychological tools of power and politics to compete well and succeed. My protagonist is instinctively 'fashionable' and viscerally wishes to stand in comforting company of majoritarianism of populism of ambient culture. It feels secure and thrilled to align with passion and propagation of mainstream; rather than stand lonely and be labeled a loser at best and a psychedelic at worst.

On the other side; the same consciousness has the potential to consciously expand, rise above the local and align with infinite cosmic realities to experience and internalize plethora of shades of novel and alternative realities, without the trepidation of mainstream-populist labeling. These realities have no availability of the stardom of theatrics of populism and mainstream. These realities and their experiential-cognitive bliss is rather a suspicious

possession, for which the populism-mainstream is vehemently unforgiving.

The innate design of my untrained consciousness (hardware) is to optimize the *reality* of survival, which is the singular hardwired need of my body-mind. On the other hand, the potential of my trained-evolved consciousness (software) is to mindfully enterprise, cognizant **simulations** of the artistic-aesthetic *illusions* of experience-cognitions beyond survival needs, to add loads of meanings-purposes-values et al to my existence.

Hardware is animalistic but real, whereas the software is humanistic but illusionary. Populism feeds on reality-practicality and has admirable advocacy from cultures, whereas 'illusions' are personal simulations, the mainstream always wishes to smother and kill. Reality is animalistic or purely organismic; only illusions-simulations and conscious knowledge of its artistry is human. Human cultures are marketplace for animalism.

Interestingly; in a scammed-depraved culture, hardware functions of reality become illusionary and delusional as survival is threatened and becomes complex. In an ideal and good culture, the software functions of illusions become realities as survival challenges are minimized and simplified. The human life-living art and aesthetics is to install and actualize the *illusions* of the simulations of love-compassion-fraternity as golden *realities* of life-living and render the realities of survival the status and situation of

uncared illusions. The conscious processes of every man and woman to shift the roles of their subconscious from reality of survival to illusions-simulations of art-aesthetics and its success is the test of good and prosperous cultures. Tragically; humanity has never been successful in creating a propitious culture.

My consciousness is both a *theatre* of experiences, dominated by unconscious-subconscious information processing, as well as a *protagonist*, having the potential to rise above the theatrical universe and consciously model out, simulate and enact a role, based on reason-rationality-intellect. Only true, objective and scientific **knowledge** of all probabilities of realities can do this for me. This can happen only when I dump and unlearn the old-archaic fake-fudged knowledge of populist-dominant religion-philosophy-spirituality-lore, to which I have been exposed to and made to experience since childhood up to 25 years into my adulthood.

The *theatre* of my consciousness shall be flooded with loads of scripts, subconsciously or consciously offered to the *protagonist* of my consciousness for subconscious or conscious enactments. The ambient milieus and cultures, where my consciousness operates, since childhood till my death, have infinite information – both fake-fudged and real-true and they in specific causalities present themselves as scripts for the protagonist of my

consciousness. This is the information trajectory and processes for all living beings in the animal world.

In the animal life-living, the *theatre is the protagonist* as 'scripts' decide both theatre as well as protagonist. The conscious spectrum for animals is very miniscule and therefore everything is auto-processing. The protagonist part is a powerful and discretionary reality only for humans as human brain states have evolved to *witness* itself; though largely in retrospection. Human conscious spectrum is potent enough to introspect and judge the subconscious scripts. However, this introspection-judging faculty is not automatically right and true. Also, ideally, introspection should be available in contemporaneousness of time-space but unfortunately, most of introspection and judging comes only as a throwback facility to witness near and distant past. Introspective realism is mostly subjective and depends on the information a person has. Most men and women have only partial, even fake-fudged-propagandist information and therefore, their introspection-judgment is not objectively true and right.

The animal has the advantage over average humans in the sense that all information its subconscious self receives from its ambient milieus are real-true as it does not have a culture to induce and install fake-fudged-fraudulent-propagandist ones. Only humans are destined to use fake-fudged-fraudulent-propagandist information and they also infuse them in animal milieus to catch or kill them.

The trouble is that mass majority of men and women only have powerful innate subconscious and very insipid conscious spectrum and like animals, there is little difference between their theatre and protagonist parts of consciousness. Adds to the trouble is the fact that their subconscious protagonist is offered information from milieus that are fake-fudged-fraudulent-propagandist, scripting illusionary realities, which their unsuspecting protagonist enacts as living realities.

This is the falsehood of self or *maaya*, which mass majority of untrained and un-evolved humanity lives out. Most men and women think and feel that they as protagonist are enacting behavior-actions, whereas in actuality of reality; it is the fake-fudged-fraudulent-propagandist scripts, which decide and direct the behavior-actions. Contemporary human cultures, especially the modern politics of power and economics of inequality ensure that average men and women have plethora of fake-fudged-fraudulent-propagandist information so that they live out this convenience of falsehood of self.

What my life becomes; depends solely on how my existence of few decades, journeys the comprehensiveness and holism of the potentials of my experience-cognition spectrum, embedded in unconscious-subconscious-conscious layers of my emergent consciousness, based on objective and holistic information. Life is all about the journeying of 'Self' into the infinite spectrum of

information; majority of it coming subconsciously and automatically from the local-ambient milieus and cultures, till adulthood but an infinite universe of information waiting there to be consciously explored, with acquisition of modern objective scientific knowledge, post adulthood. How richly and diversely my restrictive and stupid experience-cognition journeys this spectrum of probable realities through conscious-conscientious information acquisition is the attainment worth a penny. My protagonist has to grow, evolve and be empowered enough to witness and objectively introspect-judge my own theatre and its evolving scripts.

My *protagonist* has to be visionary, not reactionary in the sense that it has to have the necessary intellectual tool to hold back and reprocess all information that lands at the *theatre* of my subconscious-conscious and recheck the veracity-sincerity-sanity of all *scripts*, before behaving-acting them out. Human pathologies emanate out of this dualism and endemic gap between actual and potential of experience-cognition entity and its journeys. Most men and women are reactionary geniuses and the populist cultures only insinuate them to be stupendous about it.

In contemporary populist cultures, mass majority of men and women are tragically destined to have the *theatre* as well as the *protagonist* of their consciousnesses, confined to experiencing and pursuing only survival issues and successes. The contemporary hypocritical-depraved-

criminalized human milieus and cultures, with massive complexities and competitiveness, adorned with acute inequalities, ensure that most survival successes of most consciousnesses happen only when the 'protagonist' dumps its innocence-integrity and resorts to ingenuity-depravity, aligning with power and politics of the mainstream 'theatre' of collective consciousnesses.

The question, we may humbly try to find the answer of, is why mass majority of men and women and their lives remain embroiled in instinctive-intuitive survival goals, surrendering to pathologies of arcane power politics of one-upmanship? Why human potential of consciousness remains very poorly untapped for most men and women? Why the larger humanity remains oblivious of true meaning-potential-dimensions of Life and live out their precious time by pursuing animalistic survival goals through brutal organismic propensities? Why human intellect has failed big time in evolving and installing tools to weed out this powerful falsehood of self?

By trying to decipher and explain this; we may finally find the root causality of the pathologies of human world and life-living. This in turn may help establish the possible curative prescriptions for pathologies of hypocrisy-depravity-criminality. Thankfully, human collective intellect has attained the threshold of scientific information, which can lead humanity to reasonably good answers but tragically; science is not *fashionable* yet.

As we have hypothesized earlier, human life-living and its pathologies cannot be fully and holistically understood without deciphering the very chemical and biochemical basis of life itself. It is where information happens and is processed to model out realities for emergent bio-chemical entity of consciousness. As many modern scientists have begun to say, consciousness is not the core question and conundrum; rather, the original inquisition is; *why there is something rather than nothing?* It is now realized by many that consciousness, or its workable model can be explained; even though it is still pretty tough for an average person to actualize the idea of consciousness.

What however is of larger, deeper and primeval concern is the question about how matter is created, how life becomes a possibility out of matter, how chemistry of reality engenders the biological basis of reality, how biological plexuses create the foundation of experiences-memory-psychology and how organization and relationship of matter and life stands out as portal to reality in its multidimensionality. It is probably the most exciting thing to decipher and unravel as how bits of information journeys and organizes in mass magnitudes to create the universe of multidimensional emergent realities, of which life and especially human life is just a tiny part. The artificial intelligence domain is doing wonderful things to expand human understanding of realities at cellular levels, 30 trillions of which collectively constitute humanity.

It is original inquest to unravel how chemicals create this powerful biological media of self-regulating and evolving entity called life. It is still undecipherable as how chemicals process information out of the ambient milieu and how these chemical processing of information engender a probable model of the ambient reality for a biological being. How this probable model, which is now popularly known as simulation of possible reality, successfully navigates a life form, through chemical information processing is the critical question.

May be, far more critical is this question as what truly constitute the holism-entirety of the meaning-scope of Information and how it is simulated or modeled into in different levels of realities, from very microscopic level of a string or particle to the cosmic level of a black hole. It shall be mesmerizing then to experience and internalize as how different manifestations of Information simulates or models the mystical realities of emotions, thinking, memories, imaginations, intellect and psychic experiences, out of the substrate of chemical plexus, engendering biological frameworks.

It seems, the questions of consciousness, the subjective self, experience-cognition and even that of the actuality of all realities are only secondary and probably easily explainable, if the core and critical question of the very chemical-biochemical basis of life and informational universe of biochemical processing are unraveled and

understood. My own '57' makes me feel that it is not very tough to understand as how and why my 'I' has done or is doing what it has, at the theatre of lie-living, but it is currently impossible for me to realize as how the 30 trillion cells, of which my existence is composed of, and their biochemical information processing plexuses collectively and cooperatively construct and conduct my individuality and its experience-cognition system, which enterprise all the how and why my 'I' has done, is doing, what it has. My 'I' can witness my protagonist self and can even understand the plexus of causalities that lead and script my protagonist self but 'I' would stand better and more efficient if it could know as how and what bio-chemical processing of my body-mind information plexus interacts how and why with information plexus in external physical-psychological milieus to construct and actualize my protagonist self.

This is the frontier science and it is such a huge satisfaction that evolutionary-molecular biology and artificial intelligence wings of modern science have come together to delve deep into the core question for humanity. Much has been understood, even though in elementary ways; yet loads remain to be known. It is huge bliss to keep my '57' and 'possible beyond' aligned with probable journeys of humanity into these novel and alternative knowledge about realities.

It has to be understood as why it is far more important to first unravel the bare-basics and entrenched processes of information processing in chemical plexuses in living universe, rather than remaining confused about consciousness and cognition. It has to be accepted that human consciousness and human experience-cognition of reality is only an evolved destination in the extremely long journey of cellular and even pre-cellular life forms, which happened billions of years before humans happened. That is why; if human realities and its pathologies have to be explained and understood, in its holism and entirety, then the primeval and transcendental actuality of life and its chemical-biochemical bases have to be deciphered and internalized. Somehow, it seems primary to unravel as how information is seeded in biochemical substrate and how information itself engenders biological models of information processing called life, rather than knowing how these life models then process the experience-cognition of realities.

It is true that not everything has been unraveled and understood so far about life and primeval reality of *why there is something rather than nothing*. Still, it is such a huge joy and satisfaction that modern science has facilitated good knowledge to hypothesize about some probabilities. This shall help in unraveling the bases of human pathologies and probable remedies.

There are mesmerizing happenings in human life-living and they seem mystical to most men and women. The experience-cognition spectrum produces such varied life-living situations of realizations that an average person is completely baffled about them and therefore is innately prone to pathologies. The massive spectrum of emotions, thinking, memories, imaginations, intellect and psychic experiences, which a human consciousness can experience are all hugely powerful and debilitating for an average man or woman. This mystical self and its confused situation in the complexities of milieus are perfect platform for most of stupidities, hypocrisies, depravity and criminality.

Why we experience things and situations the way we do? Why different people experience one thing or situation differently and react to them variedly? Then there are very powerful elements of emotions, which baffle men and women the most and stand them to behave mystically. The emotions of love, hatred, anger and the most confounding emotion of fear are profoundly mystifying as most people fail to explain and handle them.

The fact remains that the entire spectrum of all these life-living realities of experiential universe has bio-chemical basis, working as substrate of information processing. This biochemical substrate and its evolutionary trajectories have to be understood well as it is the true 'God' for all living beings in the contemporary time-space. The magic-mysticism is not in life and consciousness but in the very

reality of Information itself. This 'divinity' of Information must be the sole icon of all attention and internalization.

For almost 99 percent of men and women the reality remains that their Consciousnesses fail to understand and grapple with what happens to and with their subjective Self. They fail to be aware of and accept the contemporary intellect of modern science, which has loads of objective and proven information about the biochemical substrate. This substrate is the new 'God' and actual divinity, which 99 percent humans are either not aware or fail to acknowledge. They happily opt to remain aligned with fake-fudged-fraudulent-propagandist information, the populist and mainstream cultures have heaped on them.

It is probably impossible or massively tough for a model of information processing to understand the universe of *reality* of information. It seems nearly impossible for a media of information processing (consciousness) to unravel through its restrictive experience-cognition mechanism, what information is and how it works its ways in the biochemical plexuses of organisms. It becomes possible only when brilliant scientists rise above the intuitiveness of experience-cognition spectrum and devise such scientific processes, which empowers consciousness to expand its experience-cognition potential to novel and alternative domains of non-intuitive realizations.

The deep-rooted and multidimensional spectrum of contrasting and conflicting behavior in world of living in

general and human world in particular adds more mysticism and marvel to life-living. This mysticism, misunderstanding and misinterpretation of the realities of experience-cognition in the most critical domains of emotions, feelings, expressions and behaviors engender almost all of the most hazardous pathologies of hypocrisy-depravity-criminality in human world. To make it worse; most pathological propensities are expressed unconsciously and subconsciously; therefore most men and women feel, they are victims of wrongs of others, even while they actually victimize others by their behavior-action. The causalities get all muddled up.

This mysticism and resultant pathologies in life-living has resulted in creation of traditions and wisdoms, since thousands of years back, enshrined in religion, spirituality, philosophy, psychology and cultural practices. However, these classical wisdoms stand as archaic, obsolete and hugely conflated as they are mostly speculative. These wisdoms have undergone such massive corrosion because of the mixing of hypocrisy-depravity-criminality that they now stand as seeds of most pathological propensities in modern human cultures.

As contemporary laws and governance practices are also based on these archaic-obsolete wisdoms and traditions, they too are prime movers and installers of most heinous of pathologies. As in contemporary human world, most heinous and calamitous pathologies have unscrupulously

aligned with political power and its criminalized structures; the human world has now become unmanageably unfit for sanity and survival.

The pathologies are entrenched deep in the popular and practiced socio-cultural-political-economic wisdom of contemporary humanity. Almost 99 percent of humanity is guided and maneuvered by massively hypocritical-depraved-criminalized wisdoms of contemporary religion-spirituality, philosophy-psychology, jurisprudence-governance and cultural lore-practices. They need to be replaced by objective scientific knowledge of reality about life and experience-cognition. This simply cannot happen as 99 percent of stupidity is too good and colossal to allow the reign of reason-rationality of just one percent of modern scientific intellect.

The modern scientific knowledge about life and experience-cognition spectrum need to be unraveled, popularized and accepted. We talk about them and try to internalize them. As we have talked earlier, there is a huge need for humanity to 'unlearn' the archaic and obsolete knowledge about what has been considered and accepted as reality. The entire spectrum of realities about life, consciousness, experience-cognition and existence needs to be altered and a novel and alternative one to be accepted, as advanced and unraveled by contemporary modern science.

There are core issues that need to be internalized with high conscious awareness. There are two broad universes or

spectrums of reality – first is the reality as constructed and evolved by independent forces or elements of nature. The second reality is one the humanity experiences or cognizes, through its very restricted navigational media of consciousness and those which humans have constructed and institutionalized through cultural living. No doubt, the primary reality of nature is all pervading and even secondary reality of humanly constructed world of civilization-culture has all the elements and forces of nature's cosmic reality. The human world reality is just a tiny subsystem of reality, within the colossal system of cosmic reality. We can say, human reality is a small set of specific system, within the larger generic system of cosmic reality. Even this small specific reality of humanity has infinite grains of more specific realities of individual men and women. The individual realities interact and compete within the subsystem of larger specific spectrum of reality of collective humanity, which in turn interacts and competes with generic reality of cosmic system.

It has to be realized and internalized that all three system-subsystems of realities are always interactional and evolving, therefore all possible realities in cosmic spectrum are not fixed but transient and situational. The most critical aspect of the realities is that the human world of realities has been consciously designed to undo the pathologies of cosmic realities. The human world of realities is distinctively marked by an evolved, powerful and personalized sense of Self and therefore a more intense

and varied experience-cognition spectrum. Human civilization and culture has been a very tumultuous yet creative journey of evolution and empowerment of this experience-cognition spectrum. The history of this journey is a spectacular and equally tragic saga of battle between raw nature and evolved culture. This prolonged and incessant battle between nature and culture – the two competing systems of realities explains both pathologies of human world as well as the virtues collective humanity has institutionalized.

The root cause or seed of all human pathologies of hypocrisy-depravity-criminality lies in the fact that even though the collective humanity has erected and institutionalized a well organized civilization of man-made culture of appropriates and righteousness; every single human life starts with unconscious-subconscious orientation and propensities, majorly inclined towards innate cosmic nature and requires to consciously mould itself to fit into the mould of man-made cultures. This personal and subjective journey of every human child for optimal and smooth assimilation-integration into cultured life-living is just a potential, with equal probabilities of pathologies and virtuosity. This journey of a child is from nature to nurture – from raw and uninhibited experience-cognition to organized and orchestrated experience-cognition of culture.

The dynamics of genesis and propagation of pathologies of hypocrisy-depravity-criminality have to be understood in the light of this process or journey of individual human life, from nature to nurture. This journey of transformation and evolving of experience-cognition system of an individual child from innate and embedded natural realities to nurtured and organized cultural realities of human world need to be understood. There are twin troubles in this journey or process, which unleashes pathological propensities. Skillful management and solution of this twin trouble leads to virtuosity.

The primary trouble is poor and even wrong socialization, education and mental training of most children, leading to insufficient and unhealthy integration-assimilation of the grown up man or woman into the culture and civilized life-living. Second aspect of the integration trouble is the diseased, depraved and criminalized culture and civilized life-living itself. Therefore, it is rare to find a person, who has been fortunate enough to have right and appropriate mind training to evolve a consciousness and experience-cognition structure, ideally galvanized to assimilate into collective goals of society and culture. Moreover, even if a person is good enough to have it; the contemporary society-culture-polity-economy-religion is so highly hypocritical, depraved and criminalized that it becomes impossible for any sane and rational person to relate to it and assimilate into it. And if this assimilation-integration happens; it is bound to be unhealthy and depraved. Very

naturally, the ambient and existing levels and intensity of pathologies only increase every passing moment.

The primary need of the contemporary times is to understand as why this twin processes are dominant in modern times and how they are adding to human pathologies, instead of curing them. It is not a complex idea or reality to understand. In fact, it is so vivid and massively expressed that anybody can feel it and see it happening all around. The levels of hypocrisy, corruption and criminalization of both individual men-women as well as society-culture-polity-economy-religion are so excruciatingly high and pervasive that it is very clear that sanity, system, wellness and virtuosity are impossible.

The modern contemporary milieus are so complex, such massively competitive and so brutally corrupted-criminalized that there is a perpetual and deep sense of survival crisis writ large on the faces of average individuals as well as on human institutions. In such survival battle, only deception-depravity-hypocrisy wins. When 99 percent of experience-cognition media is pathological and struggling to barely survive, it is impossible to expect sanity, purity and virtuosity.

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CHAPTER 4

Learning and Unlearning - 1

Probably, one of the early and basic learning for my '57' has been the realization of critical importance of *mouth and tongue* in the overall scheme of things in human world of realities and experience-cognition. Equally vital has been this realization that probably, this very crucial mouth-tongue twin roles have been the worst managed and with most propensities of pathologies. Out of the five sensory organs for experience-cognition, it is hugely interesting that only mouth-tongue has been assigned dual roles and that too something created by humans themselves, which is exclusive in living universe. Largely, eyes can see, ears can listen, nose can smell, skin can feel but mouth-tongue alone can not only taste but also perform the most critical and potentially most pathology-prone task of *speaking*, evolved and assigned exclusively by human evolution. Tragically, even the naturally assigned role of eating-tasting has emerged probably as the most potentially pathological function in human life-living. Naturally, the mouth-tongue stands as number one agency for good management in contemporary human world and cultures.

The criticality of mouth-tongue, its pathological propensities and express requirement to have optimal management of their twin roles need to be understood. As we have talked earlier, a subjective human consciousness is an emergent and evolving virtual model of ambient reality, working primarily as a navigational tool for the

body-mind. Subjective consciousness or the sense of personal self may feel like actuality of reality but it is only a representation or enactment of *fragments* of reality in a very localized ambient external milieu. Very naturally, different subjective consciousnesses or personal selves of over 7.5 billion people on earth shall perceive reality differently. The external body of billions of men and women shall look common and alike but their consciousnesses or personal selves shall always be uncommon and diverse as their experience-cognition spectrum shall always be varied and multidimensional. It is only natural that billions of humans shall always stand in competition and conflict with each other. In such a human world, it is the very critical role of the mouth-tongue to facilitate coexistence, compassion and cooperation for a peaceful and prosperous life-living. Mouth-tongue has been assigned the role of expression of intent through humanly designed language, which is actually itself a model or simulation of the actuality of reality of subjective consciousness or personal self. This criticality of role, complexity involved in its actualization and required training have to be accepted and profound importance has to be assigned to its optimal performance.

The agency of mouth-tongue has been assigned this most critical task of dexterously and truly 'representing' a man or woman's consciousness, personality and intentionality, largely through a virtual and metaphoric tool of language, which is not actuality of reality but a man-made model for

representing the actuality of reality of the intentionality of consciousness-self in a localized milieu, which itself is not actuality of reality but only a virtual model or simulation of actuality of reality of external milieus.

Moreover, the language as a model and metaphorization of reality, as modeled and simulated by consciousness, is happening at brain states. The mouth-tongue is only a '*spokesperson*' of the intent of brain engendered content of perceived-actualized reality. The vocal chords, lips, face muscles surrounding it and especially the eyes together constitute the full personality of the spokesperson. This personality of the spokesperson needs entrenched discipline and persevered practice of the artistry of expression to assign and extend holism to the content of intent, as proposed by the brain states. The tone-tenure, facial expressions and even body' unspoken language have to be in perfect and full symmetry and symphony with the intent assigned to the mouth-tongue by the brain-engendered consciousness. This is huge task and role, for which not even one percent humans are trained since their childhood.

Very naturally, the mouth-tongue has to be highly skillful, brilliantly trained and massively empowered with the spectrum of linguistic excellence, to perform the assigned role with optimality, if not perfection. It is singular human tragedy that the mouth-tongue of mass majority of men and women are not only massively poor in performing this role,

rather they use them to kill all possibilities of sanity, compassion, coexistence and cooperation. It is growingly being realized that in contemporary human world, linguistic skills are on the decline and abstractions of expressions are on rise as collective space is shrinking at the cost of augmenting personal spaces and non-language mechanical communication are in vogue.

It is hugely important to understand the uniqueness of reality of human world and the role of mouth-tongue in it, in the entire spectrum of all lives in the biosphere. The very consciousness of different men and women is designed to have the experience-cognition of reality differently and multi-dimensionally. This itself lands multitude of humans in competitiveness to make others see and accept their personal-subjective model or framework of reality.

Moreover, human society is an arrangement of very localized milieu with rules and traditions, where men and women have to compete and cooperate to maintain a sustained and smooth life-living. In such a human world, the only commonly available tool for lasting success and peaceful coexistence is language and how the mouth-tongue of men and women use them with utmost clarity, compassion and amicability to augment sanity-system and diminish strife and conflicts. Language, especially the spoken one, is the most precious currency to successfully buy and sell personal wares of consciousness in the marketplace of society-culture, to augment personal as well

as collective wellness. This currency has to be impeccable and above mistrust.

It is such a massive human tragedy that in contemporary human world, competitiveness for bare survival has augmented, swaying beyond the levels of sanity and manageability and growing complexities of cultural life-living in cacophonic-claustrophobic-crumbling modern urban milieus have together forced most men and women to live an un-conscientious and subconscious-instinctive life, intuitively aligned towards survival success at whatever cost. Mass majority of humans in contemporary modern times, live their lives in such physical-psychological-cultural milieus, which is subhuman and unimaginably unsuitable for sanity and peaceful coexistence. Such inhuman conditions require brilliance and inventiveness of language and dexterous protagonism of mouth-tongue of all men and women to maintain sanity and system in society. It seems, on the contrary, mouth-tongue of average person has lost the plot and rather, they have become the largest and worst tools of offloading of pathologies of hypocrisy-depravity-criminality.

Growingly, linguistic skills have waned too much and quantum of abstractions and conflation has augmented to dangerous levels. Somehow, when the primary need of average men and women is to survive and sustain itself in massively competitive milieus, it is only natural and subconscious choice to use abuses, slangs and

unscrupulous gestures to win in the battle of one-upmanship. Good and aesthetic language is required when affection and fraternity is aimed at. However, for battles and successes, sanity of language is a burden of a loser and therefore innately and subconsciously sidelined by most men and women in their collective spaces. Naturally, in contemporary human milieus, pathologies enter and get flared up through a facility-faculty, the humanity so painstakingly designed and evolved to create a world of lovingly peaceful coexistence and compassionate cooperation.

Another pathological dimension of mouth-tongue malfunction, apart from expressional-communicational disaster, is the massive mismanagement of mouth-tongue as an agency or portal of gastronomical and wellness excellence. The mouth-tongue has been designed and evolved in human body system as the gatekeeper or sentinel for the sanity and systematic functioning of digestive and endocrine systems. Both systems and their healthy-optimal functioning in human body are key to smooth and systematic metabolism, which in turn contribute significantly to the overall homeostasis. Metabolism is the portal to optimality of all other systems in human body. The food we eat and the way we eat is critical to metabolic sanity and system. It affects the digestive system, which in turn leads to pathology of endocrine system and together they kill the sanity-system-symmetry of metabolism. A dysfunctional metabolic system

is root causality of most troubles of all other systems in human body, including the very crucial immune system.

It is such a satisfying thing that in almost all ancient cultures, food was assigned high ritualistic purity and sanity. It is an old human wisdom, which says, 'you are what you eat and the way you eat'. The high conscious value assigned to mouth-tongue, with respect to food and dietary habits, is the culturally assigned wisdom, evolved and perpetuated so diligently by early civilizations.

Tragically, humanity has lost this wisdom and contemporary human world has turned this traditional and respectable **sentinel** of mouth-tongue into a depraved-criminalized-hypocritical **scammer**.

It is such a scary and sinister situation in modern contemporary human world that if metabolic sanity and homeostasis is accepted as benchmark for qualifying as a human, almost 99 percent men and women shall fail to stand as humans and shall be labeled as either pathologically inclined or doomed. Average modern contemporary mouth-tongue follows no rules-rituals of sanity-system-symmetry and stands as single culprit of destroying the health-purity of endocrine as well as immune systems.

We need to understand the critical role of mouth-tongue and how it is singularly destroying human civilization. We have to realize as how mouth-tongue sanity and purity is aligned to the sanity-system of human milieus and how

pathological milieus induce and install troubles for mouth-tongue sanity. We all need to understand the critical role of metabolism and high value of endocrine system sanity in maintaining homeostatic excellence of human life-living.

Modern science, especially the molecular biologists and evolutionary biologists have been telling humanity about the critical importance of *mitochondrial* health and sanity in human life-living, homeostasis and especially in management of aging and pathologies. The brilliant breakthroughs in the field of bioenergetics are almost making humanity rethink its life-living choices. The optimality-sanity of mitochondrial functional sanity is key to cellular wellness, which is singularly critical to metabolic prosperity. This mitochondrial sanity and metabolic prosperity is being primarily vitiated and killed by the stupidity and criminality of mouth-tongue as it fails to be a loyal-honest sentinel, allowing the trespassing and intentional invasion of the digestive systems with all dubious and diabolic foods in most inappropriate and pathologically infested ways. This vitiates the inter cellular and intra cellular milieus, affecting the excellence of mitochondrial functioning in maintaining homeostasis. This alone is responsible for most of the pathological states of body and mind.

There is one important example about mouth-tongue stupidity-criminality and its role in unleashing plethora of pathologies. There is a pathological state in body system

homeostasis termed as *Hyperinsulinemia*, which means there is significantly more insulin in body than normal. This situation almost kills the sanity-symmetry of the endocrine system, which is a very critical system of human wellness. Hyperinsulinemia happens when pancreas has to make and dump more insulin to synthesize higher levels of glucose in blood. This pathological state is a result of mismanaged food habits as in contemporary age of easy and instant food availability, growing number of men and women are eating much more calories, especially sugar, than required for body's health.

It is growingly warned that bad and over eating habits are cumulative effects of stressed or deranged life-living, emanating out of pathologically inclined milieus, marked by extreme inequality, instability and insecurity. This in turn aggravates the psychological sanity. The endocrine system is linked to psychological states of mind-body and reacts to milieus to maintain homeostatic equilibrium. A disturbed and **stressed** mind finds and funds the easiest, cheapest and readily available **comfort** in the short-lived thrills of eating more and tantalizing foods; especially the processed ones. This in turn stresses the endocrine system more.

Hyperinsulinemia is a precursor to the global menace of diabetes as it is linked to insulin resistance. Still, it does not reflect any symptom in an average person. However, hyperinsulinemia results in weight gain, food indulgence, fatigue, inability to focus, general lethargy and may lead to

early stages of mood disorders and depression. There seems to be growing evidences that hyperinsulinemia is not only a critical element in largely disturbing the sanity-system-harmony of the very crucial Endocrine system, rather it also a prime causality in disarraying homeostasis of body-mind, especially the immune system.

Recent researches seem to point out to the probability that hyperinsulinemia as a pathological state is trigger for many crippling lifestyle as well as infectious diseases. The core reality, about which there seems to be growing evidences, is that hyperinsulinemia points out to a state of human body, which is antithetical to cellular sanity-system-harmony as it badly affects the mitochondrial functioning.

Cellular health and cellular homeostasis is the primary structure on which life-living of an organism is built and sustained. Hyperinsulinemia is known to be a warning signal that the most critical function of mitochondria, which is the energy synthesizing mechanism of cells and contributes a lot in overall homeostasis, is in jeopardy as higher glucose vitiates the cytoplasmic homeostasis. All these happen or have the potential to happen as more men and women tend to eat a lot more than necessary, eat a lot unhealthier than required and lead a chronically stressful sedentary life. The mouth-tongue sanity is a victim and it turns into a victimizer for human life.

The mouth-tongue stupidity-criminality is modern day killer of homeostatic sanity-system-harmony in both their dual

roles. It seems very natural that modern cultures should invest more physical and human resources to install a sense of acquired discipline since early childhood, to make men and women understand the critical role of language and eating habits not only for personal wellness but also the collective wellness of societies and cultures. There is growing evidence that cellular homeostasis, which is the primary need for healthy living, is under loads of pressure and threat because of modern day choices of human world of living; especially because of two crucial factors of over and wrong eating, coupled with lack of chronic physical activity and perpetuity of stressed living. Both aspects require discipline of mouth-tongue as it shall lead to less stressful individual and society by having amicability-compassion in linguistic expressions. Gastronomical discipline shall pave the ways for healthier individuals as well as society.

The overriding sentiment behind this detailing of mouth-tongue discipline is the core idea, which we have talked about earlier. It is about the modern day need of understanding Life and Reality in the light of contemporary scientific knowledge of holism of experience-cognition and consciousness as a navigation media. The transcendental idea of *holism* is about being knowledgeable about the wide and deep spectrum of experience-cognition, unlearning the narrow and archaic perceptions and installing a sense of diligent discipline in personal life-living.

CHAPTER 5

Learning and Unlearning - 2

Another critical learning of my 57 has been this very tough but cardinal need of unlearning the populist and auto-accruing experience-cognition of Self, or what is popularly advertised and pampered as *Consciousness*. To unlearn, question and reinvent the sense of self and its precariously bubbly *Protagonism*, in the overall scheme of populist life-living, is probably the most required 21st century agenda for humanity, for any meaningful understanding of reality as well as the entire spectrum of experience-cognition lived out by an individual. Probably, this alone can help in removing the restrictiveness of human life-living as akin to animals and in turn save a person as well as the human world of most of the pathologies. Very naturally, this shall lay down new basis for a novel and alternative culture and societal system as well as the life-living structures. This is required the most and therefore needs to be understood well.

Since early stages of human civilization, may be as early as 3000 years back; humanity could understand the localized situation of human life in the expansive cosmic milieu and

therefore asked the relevant question of what reality is and what is life and its purpose in the overall scheme of ephemeral-transient existentialism. They formed the very basis of organized and structured philosophy and spiritualism. In almost all cultures across the globe, humanity explored the questions and loads of observations were made, which now form the classical wisdom of humanity in the form of philosophical-spiritual treatises and traditions.

Many things were observed right and many not. It happened as intuitive cognition-experience was relied upon and non-intuitive ones were still not explored and available. However, it seems; almost all early philosophical-spiritual traditions till date, missed out on a very critical reality, which only modern contemporary science has been successful in establishing and validating. This missing reality has been about the very reality of Self or Consciousness as observer and experiencer of realities, despite its mystical misadventures. Philosophy-spiritualism questioned and explored all realities in praiseworthy details but seldom questioned the very basis, *validity* and *veracity* of Self or Consciousness as the agency of probe, exploration and actualization of the realization of realities. The intuitive-visceral gateway was the only perceivable tool available then.

They relied on Consciousness as innate and transcendental agency of experience-cognition of all realities, which they

questioned and probed. However, they could not accept that the very idea of the agency of consciousness as *protagonist* and truth actualizer is questionable as consciousness, as realized and cognitized by average person, could be flawed, fudged, faked and conflated. The hardware-software problems of consciousness were not understood and accepted well. Early wisdom doubted cognition but seldom the very consciousness itself. The element of illusion or *maaya*, was assigned to cognition but not the very agency or media of cognition – the consciousness. No doubt, early wisdom, which is still most dominant for mass majority of men and women, assigned loads of mysticism and opportunistic ambiguity to consciousness; especially the heroic sense of protagonist. This mysticism-ambiguity seeded religion and ritualism of spiritual abstractions.

Modern science questions and probably answers as why a normal, untrained and un-evolved consciousness or self, as observer, agency of truth decipherer and reality experience itself, can be an unfit and probably a scammed media of experience-cognition. As the traditional wisdom of philosophy-spiritualism, accrued thousands of years back, still forms the singular basis of most life-living realities, mass majority of men and women believe and follow; there is an urgent and colossal need to make larger humanity *unlearn* them and learn the novel and alternative reality of consciousness and experience-cognition, as explored by modern science.

It is probably the toughest and most complicated task for a man or woman to explore the probability of reality of the *falsehood* or *scam* of self and accept a novel, realistic and alternative experience-cognition of self, based on modern objective scientific knowledge. It is tough because the process is against intuitive experience-cognition processes, embedded deep and strong in the body-brain mechanism of humans. It is hugely difficult to recognize the trap of intuitiveness and come out of it. The dominant populist culture, based on majoritarianism of mediocrity of collective intuitive experiences-cognitions, makes it more difficult for the young mind of a man or a woman to accept novelty and alternative reality.

This very limitation of intuitiveness and innateness in experience-cognition processes of consciousness has to be understood with the help of modern objective scientific knowledge about brain and neural processing of information plexus. Once we understand, experience and internalize the true and holistic reality of self or consciousness, we can easily actualize the hypocrisy-depravity-criminality of human world as most contemporary pathologies emanate out of this flawed, fudged and scammed experience-cognition of realities. This shall also facilitate an interesting journey of novel-alternative experiences-cognitions, diversifying and enriching the spectrum of Self and life-living. Once the innate and embedded culpability of consciousness and its

protagonist self is understood and accepted, it shall be easy to do away with the pathologies it gets aligned with.

The core idea of consciousness or this very paramount and perpetual sense of subjective self needs to be understood in modern scientific light as in contemporary human world, this sense of self is shrouded in too many and too much of abstractions and fake-fudged mysticism. Also, it seems, without understanding the true nature and reality of sense of self, there cannot be actualization of the holism and spectrum of reality of life-living. Very naturally, the pathologies emanating out of flawed and scammed understanding of realities shall remain uncured-unmanaged.

There are brute and self-denying realities about the sense of self and that is why it is tough to accept them. This powerful façade of *Intuitiveness* and dominant-populist insistence to rely on it restricts the experience-cognition of holism of realities of self as well as life-living. It is very difficult to rise above and go beyond intuitiveness. It requires mind training from early childhood to unlearn restrictiveness and falsehood of self, see through the dimensions of the populism of the idea of consciousness and use the power of objective scientific knowledge to usher in novel-alternative non-intuitive spectrum of experience-cognition of the potential probabilities of realities of self and life-living.

The important larger and objective reality for humanity is to universalize the very mechanics and neuro-chemical locus of the emergent and transient virtuality of the reality of consciousness or the sense of self. There is an express need for larger humanity to redefine, reinstall and reposition the very feel and experiencing of what is popularly realizable as 'I' or 'Me' to an average man or woman. The I, Me; this powerful sense of subjectivity, personalization and protagonist self must be reinvented and re-actualized by modern men and women to weed out all the hypocritical frills and facades of populist abstractions from the old, archaic and obsolete idea of the reality of consciousness. It must be understood and accepted that consciousness, this subjective sense of self, the 'I' or 'Me' is the sole and singular agency for actualization of all probabilities of realities. The consciousness is the only portal of experience-cognition of multitudes of realities as available spectrum. Therefore, it is singularly most fundamental and irreplaceable *learning* for every man and woman to *unlearn* the restrictiveness of the intuitiveness of consciousness as the protagonist and learn the scientifically validated reality of consciousness as the emergent-transient navigation map of neural plexuses for singular but complex role of survival successes; that too in a very localized-ambient milieu, with scammed idealisms.

In contemporary age of scientific rationality and intellect, the 21st century humanity has to understand and accept the

core causality of most pathologies in human world of life-living. Humanity has to accept that consciousness is just a media of navigational facilitation and this media has physiological-psychological mechanism, bereft of any mysticism and magicality. Also, this navigation map of consciousness is designed and has evolved not as something exclusive and specific for humans. The brain, neural plexus and their navigational functionality are generic and largely common in all complex organisms, including modern humans, which itself is an evolutionary product, actualized after millions of years of genetic journey. That is probably why, consciousness, as experienced by average man and woman, has no specific suitability to humanity; therefore requiring intense and prolonged mind training of every child, as it grows and assimilates into the ambient cultures.

This mind training, as part of fundamental education routine, has to impart scientifically validated knowledge about evolutionary journey and design of human consciousness in body-brain anatomy as well as the navigational roles and challenges faced by average human consciousness in navigating a man or woman through the complexities of physical and cultural human milieus. To understand the navigational mechanism of consciousness, modern men and women also have to imbibe and experience the very contemporary idea of *Information as causal structures of reality*.

It has to be understood that consciousness in human anatomical system is a generic facility or faculty, almost preloaded as endemic in all complex organisms. However, human consciousness is the most challenged and most unprepared to navigate a human child, growing in very complex and massively hypocritical-depraved-criminalized physical-psychological-cultural milieus. A new born cub of a lion or tiger has very successful consciousness mechanism, as it is good enough to navigate the newly arrived cub into survival success. It is because its ambient milieu is natural with no animal-made culture and whatever navigational challenges the cub has to face is exclusively physical, specific to geographical diversity.

The human child is not as fortunate as it is born with a navigation system, wired for navigational intuitiveness in the ambient physical milieu only. It has to grow and simultaneously evolve the navigational skills of his or her consciousness, to survive in a man-made complex culture, where high hypocrisy-depravity-criminality levels are all set to kill his or her innate innocence and sense of sanity. Consciousness, as a navigational media of body-brain of organisms, has not been exclusively or specifically designed for navigational functional excellence in something as synthetic and pathologically fabricated psychological-cultural milieus as what exist in contemporary human world.

Human brain sure has evolved to have the new appendages in it, the cortex part, especially the prefrontal cortex, which seems to have been the newest addition in brain anatomy to help humans navigate through the conflicting and complex psychological-cultural milieus. However, this new brain anatomy is not preloaded or wired with cultural navigational skills. It facilitates as it provides the physiological structure for possible new functions in modern man-made cultural settings but every growing human child needs to be trained and educated to acquire the culturally specific navigational skills. The new hardware is there in modern human brain states but the software has to be loaded with specific education and training, since early childhood. This is hugely missing as the very reality of human consciousness and its role as a media of experience-cognition stands faked-fudged-scammed. This is the portal of most human pathologies.

There are two broad aspects of the pathology of human world. First emanates out of the fact that consciousness as a media of navigation for successful socio-cultural maneuvering has always remained a flawed-scammed and very partial understanding for mass majority of humanity. The most dangerous and potentially criminal part of this scammed understanding has been the falsehood of the sense of protagonism of self, which most men and women live out. This scammed *protagonist* – the deep sense of I, Me or Myself and its spectrum of fake-fudged-fraudulent perceptions have been the script writer, director, actor as

well as the audience of all dramas of hypocrisy-depravity-criminality at the theatre of life-living since inception of human civilization. These scammed ideations of consciousness, with all its weaknesses and troubles, land into more and larger problems as it has to navigate a man or woman in a socio-cultural milieu, which in contemporary times has become massively complex and hypocritical-depraved-criminalized. This is the second aspect of the pathologies.

The worst remains the fact that even when modern scientific knowledge has empowered larger humanity to understand the scam of consciousnesses as well as the evolutionary causalities of pathologies of human world; mass majority of humans remain oblivious of the new knowledge, the education system and social training fail to adapt to it and even the intellectual leadership of humanity makes no effort to lead modern humanity towards a novel and alternative culture, based on the new scientific knowledge. Human intellectual failure has had a long history at every critical stage of human evolution but contemporary human world is probably witnessing the worst of it. Probably, human intellect itself is the worst victim of the falsehood of protagonism, which potentially disarrays most of the righteousness and appropriates of life-living.

This failure of human intellect and intellectual leadership in understanding the big trap of consciousness and in

allowing undue complexities in cultures is the single biggest reason for the hell humanity is living out in contemporary world. The pathologies of human world may be very complex and the malaises they have inflicted on human cultures as well as individual minds may be very deep and wide but the solution and correction of the malaise is very simple. Tragically enough, human intellect never ever endeavored to install and exercise the simple solution. This needs to be understood and explained.

It has to be understood and accepted by larger humanity that consciousness as a navigation tool or media is innately a restrictive flawed-scammed protagonist. This protagonist is hugely potentialized to be one's own God but has equal potentials to be the demon it has become. The protagonist needs long mind training and persevered practice to successfully navigate a human life in the very complex, complicated and competitive man-made modern physical-psychological-cultural milieus. This is a huge task and not possible for most of average men and women. However, what is possible and must be done is that every child must be educated and trained about the innate and embedded fallibility, culpability and impropriety of consciousness and the limitations of experience-cognition of the protagonist emerging out of it. This realization must be installed as part of early educational regime of all children.

This realization includes the mind training of all children that as human protagonist is very fallible and prone to

subconscious and un-conscientious mistakes and impropriety, every man and woman needs to be humble and compassionate towards all. *Humility* and *Compassion* must be installed and ingrained in all children since early childhood and this learning must be essential primary knowledge. For functional success of humility and compassion in every individual and in all walks of human life-living, it is also primary and fundamental that every child must be trained to have the **unflinching discipline of mouth-tongue**. Language is the media of sharing of intent and therefore, every child must be trained to have the discipline of language and to be able to express his or her learnt as well as innate intent of humility and compassion to others.

Equally important aspect of mouth-tongue discipline is food habit as it is singularly responsible for sanity and systemic excellence-prosperity of metabolism. Only a healthy man or woman can successfully bear the burden of humility-compassion in a complex and competitive human world. In contemporary human world, almost 99 percent of humans are culprits of their own metabolic health as their mouth-tongue is criminally antithetical to food discipline, which is essential for righteousness of life energy. It is a huge tragedy for contemporary humanity that most children are actually encouraged by their parents and peers to dump compassion-humility and become more cunning-crafty-camouflaged and competitive to succeed in a 'brutal' world. It is criminal to train a human child to do away with the

innate innocence of its uninhibited humanism and imbibe brute animalism to 'succeed' in a massively unequal and competitive world, that too just for the sake of bare survival and consumption of handful of goodies. An already scammed consciousness of children are thus further corrupted and criminalized by society and cultures in contemporary human world. The protagonist of consciousness benchmarks it as success and this success in turn infuses more and more hypocrisy-depravity-criminality in cultures.

It needs to be understood and assigned due respect and relevance that consciousness of every organism, including humans, is merely a navigation media, designed and evolved by brain states and therefore, consciousness is always very locally contextual to ambient milieus. For all organisms, excluding humans, *consciousness* and *milieus* have easy, smooth and innate symmetry and synchronization. In animal world, the milieu for every new born animal progeny is almost preloaded in subconscious-unconscious spectrum of its consciousness. The new born animal does not need to be sent to school-college to be trained as it consciously learns the simple and un-hypocritical survival requirements of the milieu it is born in, by simply remaining with the large herd of its species, watching other animals. The animal milieu is largely physical and almost all specifics of individual animal behavior-action are either already wired in subconscious-

unconscious or learnt easily, simply by copying other animals.

This is not the case with human world and new born human child. The relationship between consciousness and milieu in human world is complex, complicated, diverse and massively hypocritical. The milieu for a new born human child is largely and massively psychological-cultural-ideational and therefore, the wired-innate subconscious-unconscious spectrum of the new born human child is very poorly attuned to and in tattered auto-mode sync to his or her ambient milieus. Very naturally, a new born human child has the daunting task of consciously learning the complex-diverse details of his or her local milieus for years to acquire survival successes. Adds to this challenge is the huge load of hypocritical behavior-action, which a new born has to face, adjust to and still perform brilliantly to stupidly-hypocritically benchmarked parameters of social successes.

Like a new born in all animal worlds, human new born also subconsciously-unconsciously learns almost everything from its local ambient social-cultural-familial milieus by copying others and therefore, every human new born almost always learns, imbibes and internalizes the hypocrisy-depravity-criminality dominating the ambient milieus. This is a successful design of evolution for animal world, which preceded human arrival but stands as a flawed and pathological proposition for human world.

Pathologies of ambient milieus get subconsciously-unconsciously installed and ingrained in every new born human child's consciousness. Only a handful human child has the good fortune to have the right and appropriate mind training by his or her family and peer to understand this trap of consciousness and unlearn the scam and pathologies of ambient milieus.

It is tragic that human intellectual leadership have failed to provide this very basic requirement to every human child. This pathological relationship of human consciousness with its milieu has not only been not cured by human intellectual leadership, rather they have only ensured that the pathologies become pandemic. In 21st century human world, all shades of intellect have been made subservient and subordinate to the political leadership as the politicians are the lawmakers. The politicians in almost all cultures are the most hypocritical-depraved-criminalized humans. It is only very natural that the political leadership ensures that collective human intellect works not for successes of humanity but for their own political survival successes. The human intellect finds it easy and better to dump masses and align with politicians to ensure their personal successes.

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CHAPTER 6

Information, Interface and Milieus

Every human life that happens in any physical and cultural milieu has twin objectives to look for and fulfill, in the short span of time his or her mortality allows. They pertain to what we can broadly classify as issues of *Life* and *Living*. Issues of Life are essentially about a person's situation within the ambient as well as widest possible milieu, with which he or she remains attached to and within which he or she survives till death. Living is about attaining most favorable position vis-à-vis and within the milieu to optimize *survival success* and maximize what is popularly and mystically known as *happiness*. Happiness is a sort of cognitive index or psychological-marker for the consciousness of an individual to measure his or her success in optimizing survival fitness.

In a stupid and hypocritical way, the culturally prescribed benchmark is – more happy a person is, better are his or her survival fitness. However, only a handful understands as how happiness is probably the worst scam human consciousnesses live out in contemporary world. It needs to be understood that when consciousness itself is vitiated and scammed, the cultures it wades through are hypocritical-depraved-criminalized, it has the innate propensities to vitiate and scam the very 'Index' of survival fitness it accepts and therefore, happiness as index of survival fitness stands scammed in contemporary human

world. The author has detailed this all in his earlier eBook titled '*Happiness Is a Scam*' and '*We Are A Scam*', available for unrestricted download, in both eBook and Audiobook formats.

Both Life as well as Living issues and objectives are essentially *information*, which an individual human being ingresses from his or her ambient milieus. Essentially, a person's consciousness is an **Interface** to process information in two ways – from milieu to self and from self to milieus. This information processing consciousness buoys up this sense of *Protagonist* or 'subjective self' to a person's individuality as all information of life-living and their optimal processing are navigational in nature and intent, aimed at survival optimization of individual person. This *Interface* reality and the spectrum of realities regarding *Information* about and within *Milieus* and their processing constitute the entirety and holism of the subject matter of *Life-Living*. Therefore, if any of the three – **Interface, Information and Milieus** is scammed; there is definitive probability that experience-cognition of Reality shall stand scammed. Tragically, in contemporary human world, all three are fake-fudged-fraudulent-propagandist and therefore life-living remains scammed and pathological.

Probably, the most important as well as most complicated is to understand and internalize the reality of the *Interface*, popularly known as **Consciousness**, as humanity since

thousands of years has not only not understood it, rather has intentionally muffled it up with loads of and layers of mysticism, abstractions and fake-fudged ideas. It is also not very easy to internalize the spectrum of *experience-cognition*, which is essentially also some sort of an interfaced reality of two-way *Information Processing* between *Self* and *Milieu*. The very modern and scientific interpretation of Information as seed stuff of all realities is also not easy to understand. The primary difficulty emanates out of the fact that mass majority of men and women are used to relying exclusively on intuitiveness of experience-cognition to perceptualize a reality in their milieus, largely ignoring the non-intuitive ones, made available by modern science.

Modern scientific knowledge is primarily about a novel and alternative mind training to expand the domain of understanding *beyond intuitiveness* and enter the very essential domain of non-intuitive perceptions. The core ideas of *Information* and *Interface* cannot be understood intuitively only. That is why there is this insistent appeal to *unlearn* the intuitively-imbibed old-archaic-abstracted ideas about Life-Living assigned by now hypocritical-depraved-criminalized religion-spiritualism-philosophy and install a novel and alternative global culture, based on pure and objective modern scientific knowledge.

It is such an exciting and satiating situation that one of the most important scientific developments in later half of 20th

century has been growing and deeper understanding about Information Processing and Interfaces and the growing years of my '57' coincided with it. The critical idea of Information as potent tool of understanding general Reality and that of the localized milieus successfully shifted the crucial notions of consciousness, cultures and life-living from mysticism to clarity of scientific interpretations. It has been a blessing of utmost utility that my consciousness could stand as a meaningfully satisfying Interface between old world wisdom of philosophy-spiritualism and new world scientific tools. My 57 so far has been hugely fortunate and blessed that it waded through the best and worst of the old philosophical-spiritual as well as new scientific realities of humanity. This 54th (eBook) of my '57' happens to share with you some of the remarkable and very satisfying landmarks of personal journey. The journey has been tough; sharing the experience-cognition of this journey with you is tougher as it has to rely solely on restrictiveness of language. Language as a metaphor for sharing experienced reality and tool of expressing the cognition of the precarious protagonist is very restrictive but then; this is the only media available! My apologies...

The 21st century has been more than brilliant in clearing whatever mist remained in unraveling and internalizing the full spectrum of realities about the very critical ideas of consciousness as an Interface, information as building blocks of realities of milieus and cultures and life-living as navigational map of processed information. Placed between

two alternative life-living approaches; as available to me since birth, in the form of prevalent-dominant cultures in childhood and acquired knowledge in adulthood, made available by modern scientific advancements; my 57 feels indebted to those brilliant people, who so meticulously and mesmerizingly opened up this massive and complex world of realities through their painful exploration and experiments, which made the journey of my 57 so very meaningful, prosperous and satiating. It is just a humble and stupid enterprise to share the learning-unlearning of my 57 through this 54th.

Probably, the most critical idea of life-living is what is termed as *Information*. Understanding Information in its holism, entirety non-intuitiveness and macrocosm is a huge task and also primary to the understanding of consciousness as interface of Information and life-living experiences-cognitions as navigational entity. Information and its biochemical substrate is the modern 21st century learning, which has revolutionized the non-intuitive understanding of realities of consciousness as well as life-living. Unfortunately, 99 percent of men and women are still not even aware of them and collective human intellect does not yet feel the need to introduce children to this modern knowledge.

It is huge facility for an individual to realize that information may not be the *building blocks* of all realities but it seems, information most definitively happens to be

the sole available media to actualize and optimally perceptualize Reality, as it is unraveled to the Interface called consciousness. That is why the most critical element of all cultures is the sanity-veracity-objectivity-verifiability of Information, in all spheres of life-living. All cultures are scammed as they fail big time to ensure the sanity of Information. In fact, all cultures now stand as the worst culprits of criminal scamming of most information. An average consciousness feeding on fake-fudged-fraudulent-propagandist information and thus standing as scammed interface of realities is the seed of most human pathologies.

It is humbling and compassionate feeling to understand and accept that Reality may be what it is but it is amenable to be expressed and deciphered only that much and that part, which the interface could process for actualization. Reality is infinite plexus of Information and consciousness as Interface is massively poor and restrictive media for unraveling of the information-universe. This restrictiveness and its acceptance is the seed of *humility* of self and *compassion* towards others, which all humans must be mentally trained for acceptance and internalization. Consciousness as interface of information processing is only a potential, waiting to be tapped well and expanded beyond restrictiveness of intuitiveness. Consciousness requires persevered and prolonged mind training to optimize its true potential. Only a handful men and women are fortunate enough to have such mind training.

Consciousness as interface must be timely and rightly trained to optimize its processing potentials and human society-cultures must ensure that all consciousnesses since early childhood be supplied with high quantity and quality of true and appropriate information as inputting data. This is hugely missing in contemporary world, which makes most consciousnesses stand as crippled and compromised. This restrictiveness and its acceptance is the seed of humility-compassion, which must be primary culture for all humans. It is therefore the primary learning-education for all children, as early as possible. If this culture and learning is missing in human world; then we are animals; even worse than that.

It is very much a celebration time for humanity that in the 21st century, modern science has embarked upon and duly invested right resources on unraveling the holism of all possible dimensions of the critical idea known as Information. This crucial 21st century shift of scientific explorations from Consciousness to Information is revolutionary and holds the key to big and deep transformation in human cultures and life-living. In that light, the modern entity of *data* becomes hugely relevant in modern human world. This sanctimonious **Data** is novel and alternative **Religion**, which must be ingrained early in human child growth.

This core causality and intrinsic relationship between *consciousness* and *data* is now well understood and from

economics to politics, all powerful people and human institutions are spending huge moneys and resources to manipulate the *data* in their favor to lead and maneuver the mass and collective consciousness in the way they find beneficial to them. Different forms of *media* are being used and managed to manipulate the *data*. Tragically enough, the politicians and corporate biggies have become the new 'priests' of humanity. As if, the old religion was not enough; even the new religion is now set to scale new heights of hypocrisy-depravity-criminality.

In a unique way; discarding the age-old obsession and dependence on deciphering Consciousness to understand Reality and replace it with contemporary insistence on decoding the holism of the more basic and transcendental idea of Information holds the sole probability of saving humanity from inevitable extinction and self-destruction in very near future. It also promises to be the right and timely shift of enterprise to lead humanity to a truly humanized culture and life-living system in coming centuries. This needs to be understood. However, this information revolution also has deep and colossal pathological propensities to blow away the very roots of a sane-systematic human civilization.

My '57' and its probable journeys ahead in coming years may be fortunate enough to witness as how the novel knowledge of Information and its revolutionary capacities lead humanity into. Good or bad; both shall be very

satiating experience-cognition for my stupid media of subjective consciousness, before it melts and assimilates into its inevitable nothingness. This shall be the energy for the probable journey beyond 54th.

It needs to be understood that the powerful evolutionary design of wired and innate *Intuitiveness* in the majority of functions of consciousness in all living organisms, including humans, has been the dominant reason for humanity to assign primacy of intellectual exploration to the Interface (consciousness) than the actually important idea of Information itself. The sense of fake-fudged-scammed Protagonism of Self; this ever pampered obsessive feel of 'I' or 'Me', which this deep-seated Intuitiveness engenders, successfully restricted humans in the last over 3000 years to accept Consciousness as the mystical-magical-supernatural entity, beyond body-brain framework of reality. This obsession created the seeds of scammed structures of religion, spirituality and philosophy-psychology, which still happen to be the prime causality of most pathologies in most men and women. This self-destructive obsessive protagonism and fake-fudged culture defining consciousness through very restrictive Intuitiveness has to be dumped on emergency basis and the novel and alternative scientific idea of primacy of Information, with non-intuitive intelligence has to be installed to save humanity from inevitable mass destruction, leading to probable extinction. This needs to be understood.

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CHAPTER 7

21st Century Agenda and New Sovereign

This entire spectrum of restrictiveness of intuitiveness of experience-cognition regime and routine in perceptualizing Reality and installation-institution of protagonism of Selfhood has to be understood to break free of the falsehood of self as well as that of the entire gamut of personal as well as collective life-living in contemporary human world of hypocritical-depraved-criminalized cultures. The scam we all are living and perpetuating while believing that we are successfully pursuing our life goals and purposes, cannot be understood and done away with if we continue to be slaves to evolution-designed preponderance of intuitive living, in a suffocatingly localized physical-psychological-cultural milieu. Human civilizations and cultures so far have been a sorry and sordid saga of lived out fake-fudged-scammed realities, engendered by the falsehood of protagonistic self and perpetuated by collective will of generic intuitiveness. This realization and consequent living out of the novel-alternative non-intuitive reality is the true attainment of this precious yet hugely painful and perilous human life,

which has been and remains embroiled in and obsessed with animalistic propensities and pursuits.

Understanding this is a potential of human consciousness, which sadly is attainable only for a handful of men and women as this potential requires proficient and prolonged mind training; primarily by personal will, against the collective benchmarking of animalistic successes by dominant-populist cultures.

It is a time and opportunity of huge celebration for larger humanity that the initial two decades of 21st century science has very successfully laid down the ground rules to unravel-expose the mechanism-processes of the falsehood of everything that contemporary humanity has acquired as legacy of scammed civilization-cultures and continue to perpetuate them even in the modern times of scientific rationality of brute objectivity. It is a colossal satisfaction that geniuses of modern science have begun to understand the very core causality of the scammed life-living. The scientific breakthroughs and journeys in the domains of artificial intelligence and evolutionary-molecular biology et al have stood us to decipher the true and objective basis of Consciousness as Interface and its complex relationship with Information in milieus. This has helped in exposing the scams of contemporary life-living as it helps in understanding the restrictiveness and falsehood of intuitiveness of human experience-cognition of all realities.

Modern science has begun to successfully model out novel and alternative artificial Interface of two-way information processing, which stands to expose the mysticism built around the falsehood of 'supernatural' human consciousness and its scammed realities of life-living. Interestingly; rather very dangerously; artificial and non-biological models of information interface, which many see as competing *manufactured* consciousnesses, pitted against human consciousness, are already presenting themselves as potent alternative to make almost 90 percent of existing humanity as redundant and replaceable. One humanly aligned and oriented, manufactured consciousness, in an artificial interface, is good enough to be superior to collective stupidities and hypocrisies of millions of men and women, forced to live out animalistic consciousnesses.

Most definitively; first time in history of human civilizations and cultures, humanity has been presented with unflinching evidences and even potent physical models to expose the stupidity-hypocrisy-depravity-criminality-deception et al, which mass majority of billions of men and women have lived out and still living; even hailing them as pompous attainments and luminous successes. The façade and charade of golden protagonism of the mystical pompousity of human consciousness as portal of all realities have fallen flat and the garbage that humanity has so meticulously sustained and perpetuated, as populist cultures, has been spilled all over. Artificial Intelligence

and its simulation artistry has powerfully exposed the reality that how and why mass majority of existing population of men and women are costly burden and wasteful load for planet's health and why and how existing populist cultures are the scammed manufacturers of these garbage.

Modern science has provided this golden opportunity to humanity to understand the power and importance of Information and this critical need to dump all existing cultures to install a novel and alternative global culture, where sanity, sanctity and veracity of Information is guaranteed with utmost scientific precision and care. Where the innate and embedded culpability-fallibility of consciousness is unceremoniously accounted for to dethrone it from the crown position in contemporary human cultures; so that the rightful and ultimate sovereignty of Information, over the doubtful-dubious suzerainty of protagonistic consciousness is finalized.

The 21st century humanity has been so fortunate that now it has unwavering knowledge and replicable skills to understand and accept the actuality of the reality of the age-old, archaic and arcane idea of Consciousness, which definitively seems the singular causality of the colossal plexus and plausibility of stupidity-hypocrisy-depravity-criminality of humanity since thousands of years. It seems beyond reasonable doubts that 21st century humanity has to dump the very basis of all pathologies of contemporary

human cultures and life-living by discarding the centrality and predominance assigned to consciousness as ultimate sovereign of all behavior-actions and assign its rightful place under the suzerainty of the new sovereign of Information.

It is time to understand both the outgoing sovereign of consciousness as well as the new sovereign of Information. It is time to fully understand the innate as well as manufactured culpability of consciousness and the **challenges** for humanity, as it stands to assign the crown position to the new sovereign of *Information*. It is time to build up novel-alternative and impeccable *checks and balances*, based on foolproof modern technology, not philosophies, for the new sovereign of Information as the old sovereign has successfully and unscrupulously bypassed all humanly designed existing checks and balances in contemporary cultures.

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CHAPTER 8

Quantum of *Something* in Infiniteness of Nothingness

Probably, the most required *learning* for 21st century 'humanism' is the understanding and acceptance of innate and dominant 'animalism' and its evolutionary continuity in all schemes and spectrum of things, we know as human and associate with the idealism of humanity. In other words, the essential *unlearning* for modern humanism is divesting itself of the burden of abstractions and mysticism of human exclusivity-superiority and accept human as potentially the most precarious and calamitous animal species to inflict self-destruction and cannibalism. It seems; the contemporary idea of the continued legacy of the relationship of humans, in the hierarchy of living beings, with the universe is flawed and based on scammed understanding of the true nature of human consciousness. The entrenched and innately manifested animalism in humans may be termed as tribalism or any other name but the fact remains that humans are unique species of life and their evolved design is a huge aberration to what a usual life stands in relationship with its milieus. This uniqueness must be understood in the light of complex aberration and not simple excellence.

Second comes the need to understand and demystify the structures and functionality of this entrenched and evolved animalism, tribalism or whatever, within the precinct of probability of what is known as humanism or human consciousness-cognition, in the macrocosmic perspective of life and cosmic constructs. This may also help a lot in understanding the hypocrisy and façade of cultures as a

poorly designed and failed human enterprise to cover up its embedded animalism.

It has to be ingrained in the primary awareness of every human being that consciousness, this mystical sense of 'I' and 'Me', cannot be seen and accepted as something exclusive, superior and mystically transcendental to humans. Rather, consciousness is an inevitable and innate media of anything associated with what we know as life, in its manifestations in millions of species, from bacteria to single cell organism, peaking into an organism with 30 trillion cells called human. Consciousness happens as life happens and as life is manifested and journeyed in millions of different possible dimensions, consciousness also expresses itself in concomitant dimensionalities of each shade of life.

It has to be learnt by every growing human child that human consciousness is a scammed and muddled up version of somewhat successful original animal consciousness, which is nothing great but in sum-totality a workable model for simulating realities of milieus for the moving organism to survive and proliferate. It has already been outlined by some scientists that human consciousness is likely to be an **evolution-dysfunction**, emanating out of the tumultuous and haphazard warehousing of accrued and accumulated entropies, in the unimaginably long journey of species progression, in growing complexities of ambient milieus as well as cosmic construct. The complex entropic

propensities of animalism-tribalism of humanism have to be explained in a novel and alternative language, bereft of mysticism and avowed spiritualization, to bring home the true precariousness and pathologies of human consciousness. This shall ingrain in every growing child the critical need to imbibe self-discipline to successfully train the human mind so that it outsmarts the scammed consciousness.

Very interestingly; consciousness must not be understood and accepted as some emergent entity only in living media. Rather, consciousness in its holism and entirety has to be realized as a navigational medium whenever and wherever there happens to be some sort of information processing; be it in biological models or in non-biological ones. Very naturally, consciousness is important only as a navigation media of something more crucial and generic called life. And life is important but the most central and primary is Information, more broadly the **Information System**; its embedded situation in reality and its inevitable *processing*.

That is why the 'media' of information processing has to be nearly impeccable through self-discipline and self-training and the input Data has to be true, objective and self-regulatory. These are the challenges the modern artificial intelligence experts are dealing with, as they are designing the non-biological models of consciousness and cognition. Definitely; the dimensions of the reality of **processing** too need to be understood in its holism and therefore, the

related ideas of information communication, reception and the experience-cognition structures of emergent information actualization in different living and non-living media have to be deciphered and understood well. Modern science of artificial intelligence and molecular biology et al are doing great in trying to decipher the details of the processing realities in living beings as well in manufactured information models.

It is almost like, if a car happens; steering wheel, brakes, clutch has to happen. Different car types and models, or simply any moving machine can come up with different designs of steering wheels-brakes but their core *navigational roles* in the overall mechanism of cars shall remain the same just because of the singular fact that a car has been designed and evolved as a media for moving out in external milieus safely, to reach a determined destination. Similar is the relationship between consciousnesses, as a *driving* navigation tool and the mechanism of the vehicles called life, in the physical-psychological-cultural milieus.

A person driving a car seldom feels the entirety of a car's mechanical complexities, as driving requires the driver to only focus on the *Interface* of steering wheel-brakes-clutch. This is similar to the sense of primacy and protagonism of consciousness in driving the vehicle of Life. As consciousness is the navigational *Media* and its tools of experience-cognition constitute the *Interface*, it is

automatically and innately confused with *Life* itself. Consciousness is not life, in its full structural-functional complexities; rather it is just a media to model or simulate life, its causalities and realities for navigational convenience. That is why its primacy and protagonism is a falsehood-illusion. Life and its dimensionalities as the media for inevitable Information Processing are primary understanding for 21st century humanism. Then only we can understand the true reality of consciousness as the navigational media of life itself. Finally, everything boils down to the primacy of Information in all realities.

Interestingly, as we shift our obsessive insistence from mysticism of consciousness to more primary reality of life and information, we automatically have to delve deep into the bio-chemical and bio-energetic basis and complexities, involved in emergence of something very primeval in cosmic arrangements of realities. The primacy and criticality is not the question of consciousness. Rather, it is the question of why and how life happened. It is the substrate, which contemporary science has been growingly successful in unraveling. As we have talked earlier, modern science is more interested in knowing about *why there is something rather than nothing*? The question of consciousness comes only later as it is just the emergent media for embedded and innate purpose of navigating the *something*, as it happened in the cosmic infinity of *nothingness*.

Life and its primeval causality with cosmic realities are the primacy and centrality of human inquisition of understanding of all realities, including the Self. Life has been and continues to be a journey of incessant evolution of scales, dimensions and diversities of expressions of this *somethingness*, in its full spectrum and holism.

Consciousness is only a secondary media for navigating it in optimal ways in this long journey of scales, dimensions and diversities. Naturally, consciousness has associational scales, dimensions and diversities. Therefore, consciousness also needs to be understood well and trained suitably to unravel the primacy of the question of *why there is something than nothing*, as consciousness is the sole media of navigational abilities for this somethingness called life, in its holism and entirety.

This relationship of Life, Consciousness and Cosmos has been the core of spiritualism for humanism. This spirituality is now in safe, logical and objective domain of modern science. Very naturally, science has invested its resources in unraveling the realities of *Life* itself, with objective understanding of this navigational tool of *Consciousness*. It is singular tragedy of humanity that mass majority of men and women are not even aware of *modern scientific spirituality* as dominant populist cultures remain obsessively reluctant to update and upgrade their old-archaic-arcane-fake-fudged-fraudulent notions and perceptions of realities of life and self. It is damn easy to see and understand that falsehood, fakeness and illusions

of understanding by humanity could only breed scammed consciousnesses as well as damned cultures. Scams cannot breed sanity and system. Therefore, humanity cannot even think of being free of the million pathologies its cultures and life-living remain infested with.

The 21st century humanity has its intellectual universe well defined and probably the first time in human history, the future journey stands clearly laid out. It is very genuinely understood and accepted that the universe of reality, as the optimal potential of any human consciousness could perceive of, seems like a localized model of Information and its complex relationship with different possible ambient media, within the infiniteness of the fabric of evolving Information embedded in the potentials of nothingness. It is growingly being realized that the very core question of 'why there is something than nothing' is a massively layered one, which is unraveled as concentric expanding circles of probable realities, as the media of consciousness expands and extends its potential of knowledge of the dynamics of the *nothingness* itself. This cyclicity of evolving and empowering consciousness and the unraveling of reality need to be underlined. It also has to be underscored that humanity cannot afford to leave mass majority of men and women at those layers of this concentric circles, which contemporary human consciousness was thousands of years back. It is a challenge that entire humanity moves together in ever expanding circles of evolving consciousness. There simply

cannot be different timelines for existing humanity as 7.5 billion living in different timelines; as it is happening now; ranging thousands of years, is definitive recipe for disaster.

Consciousness needs to continue expanding its potentials to be able to continue unraveling more and more concentric layers of reality in the infinity of nothingness. All humans need to be at the same layer of reality. The universe of somethingness is only that much, as is the potential of consciousness to actualize the causalities of information embedded in it. The universe expands as the consciousness extends the limits of its infinite potentials to process information.

The most remarkable journey of humanity has been this incessant and copious empowerment and expansion of the potential of human consciousness to unravel the somethingness in nothingness. The true prosperity of humanity is the collective empowerment of consciousness and journeys of all men and women into realities together and hand-in-hand. Rest is just means to facilitate the journeys. The means cannot be ends and if human cultures and civilizations are hell-bent to imbibe in average men and women to accept means as ends as benchmarks of successes, then the cultures are scammed and pathologies run amuck.

Human intellectual journeys in the last over ten thousand years is a tiny little timeframe, in the billions of years of unraveling of cosmic realities and essentially, this

intellectual journey to decipher realities and self is all about expanding and extending the outer margins of understanding the constitution of the infinitely layered *nothingness*. Every small evolution of human intellect is a step ahead in discovering or deciphering *something* novel and alternative, in the infiniteness of *nothingness*. It is a clear 21st century intellectual acceptance that nothingness is the infinite universe of probabilities of somethingness, as human consciousness, as a potent media, keeps expanding its knowledge potential to sense out possible patterns of causalities in the expansive randomness of seemingly acausal nothingness.

The human journey of expanding intellectual potentials to extend the boundaries of consciousness in unraveling ever more somethingness in the cosmos of nothingness continues but in the 21st century, this journey stands far more resourced and confident as modern science has amply understood the centrality and criticality of **Information**, its constituent *bits* as well as the complexities of emergent *web* of probable realities that is available for ever evolving consciousness to decipher. The very idea of capabilities of consciousness to decipher those computationally *reducible* realities in the cosmic expanse of computational *irreducibility* is now growingly being understood and underlined. This basis of **somethingness in nothingness** is slowly being understood by the contemporary intellect of humanity. This we shall talk about in the next and concluding chapter.

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CHAPTER 9

The Journey Ahead...

In 21st century landscape of modern scientific knowledge and contemporary state of collective intellect, it seems a valid hypothesis that if human life is to be understood, humanity needs to unravel the origin of life itself and its very long journey of evolving at successive stages of time-space. Also, if human reality and its pathologies have to be understood, we need to first decipher the very mechanism-processes of the functioning of experience-cognition structures, not only in humans but in entire spectrum of life forms, as well as its successive evolving in progression of billions of years of time-space. It has to be visualized that probably consciousness is easy to be explained and even replicated in non-biological media but it is currently almost impossible to elucidate cognition; especially the transcendence of human cognition to experience such emergent realities, which average man or woman readily labels as psychedelic or parapsychic. Cognition is the somethingness, which is still in the domain of nothingness, human consciousness has to evolve to decipher and detail. The core question is about how the common biochemical

substrate manages the emergence of spectrum of varied cognitions-experiences in different men and women.

All these shall help a good deal in understanding the instinctive and innate animalism and its spectrum of not so precarious culpabilities in everything so-called human and humanist, which contemporary world so dearly holds as something special and exclusive. It shall help reiterating the special need of prolonged mind training of human child to weed out the brute and wild elements of evolutionary animalism, embedded in the structures of its experience-cognition mechanism.

This necessitates that contemporary science of molecular biology, bio-informatics, bio-energetics, evolutionary biology and artificial intelligence et al are invested with best of collective human resources, priorities and intellect and made to work in sync and collaborative symmetry. It is decisively the 21st century requirement of human life-living that as we now visualize life as a complex chemical system, capable of self-regulation and successive evolution in time-space progression; contemporary human intellect must unravel everything about how and why *Life* happened or happens to be a probability of somethingness, in the seemingly random and unpatterned nothingness of *matter*, which humanity terms as chemicals.

Contemporary human intellect also has to decipher and explain as how and why chemical systems or chemical characteristics engender the powerful and

multidimensional spectrum of experience-cognitions to extend this facility and faculty of self-regulation and evolution to successive suitability in the ever-changing and entropic bio-chemical milieus. It is also to be decisively decoded whether this survival mechanism of self-regulation and self-fine-tuning to milieu-modifications necessarily engenders this powerful experience-cognition of the *subjective self* or is it just a residual and transient feature of the processes of consciousness spectrum. It has to be understood whether sense of self is independent of quality-quantity of regulation and adjustment requirements or is it just a uniform and fixed perceptual entity universal in all navigating media. These questions are being dealt with in contemporary models of artificial intelligence, which are tipped as having different levels and shades in the spectrum of cognition and consciousness.

This knowledge about chemical constituents of life and chemical basis of experience-cognition in life forms not only has to be fully understood but also replicated in a probable model of alternative life models. This probably can weed out much of the mysticism and abstractions associated with human life and its perceptual conundrums about what human consciousnesses perceive as Reality. This in turn can help a huge deal in managing the heavy loads of pathologies of hypocrisy-depravity-criminality in human world.

It is heartwarming as how contemporary science of artificial intelligence, bioinformatics, bioenergetics, evolutionary biology, cognitive science et al are growingly unraveling a great deal about these *how* and *why* of life and experience-cognition realities. It is interesting as how man-made alternative intelligence models are already presenting artificial spectrum of experience-cognition that not only replicates human consciousness functionality; rather outsmarts and outreaches them in many ways. The contemporary models of artificial consciousness in non-living media and their range of experience-cognition performances may seem as a threat to humanity as they present a powerful and easy replacement to the much hyped human protagonism of subjective self but they also present a brilliant opportunity for humans to objectively understand as how their own consciousnesses work as models of information processing. As artificial intelligence has been successful in replicating the *substrate* of human cognition-experience in non-biological media, it is a possibility that we can understand our own consciousness better and its cognition-experience more precisely.

As we have talked earlier; artificial consciousness and experience-cognition models in non-living media are great learning for mass majority of humans to understand and accept the fact that consciousness, to which they assign so much mystical and spiritual value, is not the important entity. The most important and primary reality is *Information* and the substrate, how and where it is

processed; be it in chemical systems of humans and living organisms or in electronics systems of non-living models. Life, as one of the many probable media of information processing, may help a great deal in accepting the fallibility and fragility of human life model, in processing information, to perceive reality. This in turn can help in managing the human pathologies better.

Probably first time in history of human civilization, reality is being understood as models or simulation structures of different probabilities of *Information plexuses* and their processing by varied layers of experience-cognitions in living models of consciousness, for simple logic-purpose of navigational successes in complex-evolving milieus. It has unraveled this very crucial need for humanity to understand as how we as humans are nothing special but only a small part a complex-complicated 'bio-chemical' model of information processing, designed and evolved for simple logic-purpose of navigating the body to survive in a physical milieu, which is very tough and full of pathological propensities threatening the survival prospects. The causalities of entropic milieus on cognition-experience may also be understood better. This may help leading future humanity to prioritize its primary need to simplify-sanitize milieus-cultures as well as lay out powerful structures to facilitate human health in increasingly entropic-pathological milieus.

It probably points out to the situation that life didn't happen with a design or purpose but emerged as inevitability of embedded dynamics of cosmic construct. It shall probably make us understand and accept that human life may not be a consequential reality of *evolved superiorities* in long journey of life forms; rather humans may be an outcome of structurally guided assemblage of all *worst* functionalities, propensities and processes to succeed in growing and maturing entropies in physical milieus of earth, over billions of years of time-space progression.

It is common knowledge as how scams flourish and honesty doesn't; depravity-criminality succeeds through galvanized cooperation whereas goodness-propriety fails; getting isolated and alienated. If we carefully see and understand the physical basis of entrenched fragility-mortality of life in physical milieus of very high entropic-complex-competitive propensities, we may very compassionately imbibe the pathologies of behavior-action spectrum in contemporary humans. Survival itself engenders the suitability, superiority and success of pathological propensities. Hypocrisy-depravity-criminality as innate and automatic response mechanism of stressed out cognition-experience system in entropic-complex-competitive milieus is probably the best way to understand human pathologies.

This correlation or emergent causality between physicality and psychology in human mechanisms and processes can

be facilitative to understand human realities. In massively entropic milieus, where extinction of most of the bigger organisms is an evolutionary rule and routine, human survival and success is a testimony to human ability to smartly use the tools of upfront hypocrisy-depravity-criminality to survive and excel. It is this 'smartness', which helped humans to win the battle against hordes of bigger powerful animals, to depopulate them and populate itself to such a threshold where it could ensconce itself on top of the pyramid of food chain. This is self-evident in human cultures, since thousands of years, as the erstwhile *conscious smartness* against animals, successfully got installed in human world as *subconscious* intelligence. Success codes in human world have always been written with 'alphabets' of shameless hypocrisy-depravity-criminality as this *language* has had the seal of approval of evolutionary successes. This needs to be understood, if we ever think of having a successful solution of human pathologies. This correlation and causality between cognition-experience and milieus have been elaborated in details in author's previous eBook/audiobook titled *Fifth Force*, available for unrestricted download.

Human model of life may be understood better by equating it with something like a cancer, which grows and matures in time to successfully feed on a human body, finally becoming so *successful* to kill the body to arrive at its perfect suicide. Human life form, populist intellect and its collective successes seem to be growing and maturing like

a cancer, in the long history of evolution of life forms. This entropic metaphor of human life may better explain the causality of the massive and brute pathologies of hypocrisy-depravity-criminality in all denominations of humanity. The success code of humanity is precariousness, not certainty-regularity. The success code is about emergent effervescence of uncontrolled growth and not controlled-planned evolution.

This realization may largely be helpful in accepting as how human consciousness as an emergent and transient model of information processing, probably is not innately or automatically a sublime and galvanized media but a poor, messed up and scammed media, emerging as an auto response to complex and competitive physical-psychological-cultural milieus, to successfully perform its avowed role of surviving the body. It shall also put forward the need to train a human mind with discerning cognitive ideas to survive in modern complex human milieus, sans its pathological propensities.

The contemporary modern scientific knowledge about consciousness and experience-cognition spectrums from the perspectives of information processing opens up huge deal of novel and alternative realizations not only about life and self but the entire spectrum of human realities; especially those , which form the bulwarks of cultures in contemporary human world. This helps a great deal in objectively understanding the critical realities of human

emotions, drives, key propensities of obsessive human behaviors-actions as well as the very basis of collective cultures and personal spirituality in their holism and entirety.

The 21st century contemporary human intellect leads humanity to understand life itself as an informational model, within which human life happens to be a very restrictively small but potent media of information processing. Contemporary intellect also leads us to understand that Information is the infinite cosmos, within which there stands a miniscule patch or pocket of Informational model of specific regularities, which is available for perceptual limits of human experience-cognition; known as our universe. This is the basis of the modern novel and alternative idea of computational reducibility in the overall cosmic expanse of computational irreducibility.

This means; Reality is a portion of infinity of information that stands available to a media of information processing, which humanity knows and accepts as Life and this media of life requires a sub-media or model of information processing, which could optimally navigate life itself within the physical-psychological milieu of the localized-ambient specific Reality, available for its experience-cognition spectrum. This sub-medium of the primary media of Life is loosely and mystically known as consciousness. The consciousness is not a media to experience and cognize

'Reality' but a model of life itself to simulate a localized model of ambient bits of information, to optimally and successfully sustain the continuity of life itself within the humanly possible *reducible reality*.

This consciousness creates its own simulation or models of reality by structuring and arranging available information within the milieus of reality to navigate itself and survive. Consciousness creates meanings, purposes, goals, ideas et al for navigational success and survival. This needs to be understood. As consciousness in different life forms is a spectrum reality, with different shades and levels of awareness of milieus; the meanings, purposes, goals, idealisms et al of different life forms shall also be diverse and a spectrum reality, very subjective to particular shade of consciousness.

Life as a model or media of information, aids the sub-media of consciousness in navigational-survival successes by creating maneuvering mechanisms and tools like emotions, feelings, thinking et al, which are essentially bio-chemical spectrum of information processing. The core requirements of navigational-survival successes for life created the localized-ambient models of living realities like God, relationships, spiritualism, philosophy, etc. These realities may very well be understood as supportive *fill-ins* within a simulated model of Reality, which the media of consciousness engenders as part of its information processing mechanisms.

Life's survival successes engenders this powerful navigational tool of subjective self, as emotions-feelings-thinking processes amalgamate to collectively construct an emergent sense of *Self*, *I* or *Me*. Modern neuroscience has unraveled as how brain's cooperative and collective functioning enables this subjectiveness or protagonism in cognitive structures. Not much is now left to mysticism or wild imaginations, even though it is hugely tough to intuitively understand and experience these realities.

It seems a valid and reasonable hypothesis that Consciousness creates nothing; it itself is a creation. Only life creates models of realities and life provides ample aids to consciousness for navigational-survival successes of living organisms. Therefore, for most practical purposes, *Information* creates *Life* as a media of processing to model out a localized-ambient Reality and this primary media creates sub-media of consciousnesses in living organisms to navigate them and survive in local milieus. For survival successes, consciousness is provided by the media of life with bio-chemical mechanisms of information processing. Consciousness therefore is not the true protagonist as it only journeys the roads the media of Life itself charts out within the localized-ambient milieus. Life is the media, which creates all beginnings and all destinations.

Therefore, in generic sense, Life itself is the Protagonist and specifically, Information in full spectrum is the true Protagonist. Almost 99 percent humans live out their full

lives behaving-acting almost 98 percent, the way their subconscious self shapes them up. They think and believe these actions-behaviors are what *they* are doing; accepting themselves as the Protagonist, but the reality remains that 98 percent of their action-behavior is scripted by their subconscious layers of consciousness, taking all cues and leads from information available in local-ambient milieus; both physical as well as psychological. Their sense of self or protagonism is misplaced and illusion.

Consciousness probably is only good at creating competitive 'short-cuts' to journey the distance and reach the destinations as early and as prosperously as possible. Therefore, Life is not competitive, cunning and corrupt; only consciousness can be and it often is, as consciousness navigates and competes, erecting the façade of a protagonist. Therefore, for all practical purposes, life is not the scam, consciousness is and as human consciousness is a more and better endowed media than other animals; it engenders larger and deeper scams.

May be; Life has the primary culpability as it seeds survival, which in turn leads consciousness to fake and fudge localized reality to attain optimality of survival in a growingly competitive milieu. However, ultimately, the consciousnesses in personal as well as collective capacities, loads up the localized milieus with so much of 'short-cuts' of hypocrisies-depravity-criminality that together they create deeply pathological cultures and societies. The

culpability of consciousness seems innate and embedded in the structure of consciousness itself but the fact remains that actual and dominant culpability remains with the emergent-ambient relationship the consciousness has with the localized milieu, within which the consciousness has the challenge to successfully navigate survival. The finality of culpability rests with fake-fudged-fraudulent-propagandist information of the ambient milieus, the inability of localized cultures to regulate and manage uncontrolled competitiveness and the inadequate-inappropriate mind training of nascent consciousness, which collectively corrupts and criminalizes an evolving and growing consciousness since its inception.

Therefore, the 21st century human intellect has to shift its focus from consciousness to the more core idea of how Information is seeded in cosmic construct and what exactly is the threshold of information plexus between non-living and living worlds of reality. As human intellect unravels the hitherto un-deciphered pathways and processes of information in constructs of realities in non-living and living domains, humanity may successfully understand all sub-realities of life and living world, including consciousness and may even the critical information code of immortality. This however may take a few decades. However, even contemporary knowledge of Information universe is good enough to understand lot many realities of life and human living. Naturally, contemporary human life-

living and cultures need to be changed, even reconstructed on the basis of the modern understanding of realities.

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Epilogue

There are different ways in which the journey of my '57' could be presented and summed up. However, probably the most striking and enriching of them is the description of the evolutionary trajectory of the *protagonist* of this 57. What you are witnessing and internalizing is *part* of my 'protagonist 57' expressing a *part* of my 'theatre 57', as my consciousness is attempting to simulate a *portion* of my experience-cognition to present itself as a comprehensible reality for your experience-cognition, with the help of the restrictive media of language. In another way; it is one set of processed information from my side, seeking the transference to your side for another set of information processing. The dots of two protagonists of *you* and *me* are supposed to be joined by pathways of information. It is primarily up to how innocently and compassionately the Information moves. The optimality of transference is however also dependent on how the two consciousnesses of *you* and *me* stand as protagonists and theatre of experience-cognition.

There are so many such *parts* and *portions* of my contemporary protagonist, which has evolved in the time-

space journey, to be labeled with a collective matrix of 57. Collectively and cooperatively, these parts and portions constitute the spectrum of my consciousness, even while only a slice of it is available for successful recall; thanks to precariousness of my lazy memory as well as the fact that writing experience is more emergent than simple recall. The journey to this contemporaneousness of '57' is seemingly the making-unmaking and learning-unlearning of these different parts and portions of the protagonist-theatre of my consciousness-spectrum.

Actually; it is a summation of different information-graphs of connecting dots, which got imprinted and embossed on the memory field of my subconscious, as my body-mind navigated or was made to navigate through the milieus; both external and internal. Presenting and experiencing the realities of 'I' and external milieus, in terms of information dynamics facilitates non-intuitiveness and thus enables novel-alternative cognition of probable actualities of realities.

The evolution, interaction and integration of these parts and portions of the protagonist and theatre of my collective consciousness are almost impossible to be expressed and communicated through the restrictiveness of language but are the true and marvelous *proceeds* of my '57'. These proceeds happened as information happened and were journeyed. How connecting dots of information in the mega universe of infinite probabilities engendered these parts-

portions and how collectively and cooperatively these information graphs, made out of connecting dots created the collective consciousness of my '57' are realities, are magical and mesmerizing. Probably; the mysticism behind these realities emanate out of the ways the memory stacks and catalogues processed information and qualifies itself as a poor librarian to make them available for active recall. This memory as an inefficient media, linking the theatre and protagonist parts of consciousness, is a major trouble for humanity and one of the causalities for pathologies. I had talked about them at the very start of this 57's 54th.

It is mystical-magical yet hugely satisfying as how the spectrum of unconscious-subconscious-conscious engenders parts-portions of 'Self' and how one part or portion turns into a protagonist, witnessing and experiencing other part. So, the old memories act and behave as protagonist, *witnessing* new experiences and even subconsciously-consciously *mediating* the finality of response for the collective protagonist of self. The vice-versa happens as new experiences witness-mediate and even override old memories for finality of responses. At times, the dominant practices or collective will of external milieu becomes protagonist and shapes up responses mediating-overriding responses of self. Another time, emotional response of hormonal interplay stands up as dominant protagonist and decides against might of collective will and populist customs of the ambient milieu-culture. These different protagonists within the singular

matrix of 'My 57' happen because of the fact that the substrate of the biochemical being of my body is singular, which engenders different dimensions of information processing and its action-behavior platform of the body of '57' is one.

All these different parts-portions of protagonist-theatre spectrum of consciousness and its multidimensional experience-cognitions mediating the finality of actionable reality for the self are nothing but layers and dimensions of *Information Processing* of the brain states. How brain does it, how information themselves weigh upon mediating finality, how information itself gets constituted to create weights and favorability and how different information processing layers of brain states enable one information set to observe and mediate another information plexus are questions yet to be fully resolved. The different constituents of the biochemical substrate, where information processing happens, are increasingly being known by modern science but how and why the substrate does it are still to be deciphered. The journey of collective intellect of science is however on right track.

Intuitively, all these parts and portions of the spectrum of my consciousness are singular me - 'the 57' and even while these parts witness and mediate each other, there is an overriding sense and feel of one singular 'I' or me doing it all. In another word, even while there are different competing and cooperating protagonists within the

spectrum of my consciousness, intuitively, there is feel of only one compact protagonist. Even the conflicts of these protagonists are assigned and aligned to the feel of singular 'I'.

Non-intuitively though; the protagonist of my '57' has different sub-protagonists and each one of them has differentiated information processing layer, with varying propensities to assign weight to information. It requires conscious mind training to evolve this non-intuitiveness to see and accept the multidimensionality of protagonism of consciousness, which is popularly referred as dualism. The conflicts, dualism, split experiencing-cognition of the singular dominant protagonist and its trajectories have to be clearly understood and mastered. Ancient traditions of spiritualism and philosophy talk in details about dualism and techniques to evolve consciousness to such non-intuitive cognitions. The brain states have the neural wherewithal to facilitate it, which modern neuroscience and artificial intelligence make easy to understand. The substrate is now being unraveled.

The artificial intelligence scientists and geniuses of neuroscience have few answers about the mechanism of this 'dualism' in brain states but they are still evolving. Still, they help a great deal in developing a novel-alternative non-intuitive perspective in witnessing-observing my own consciousness and its parts-portions, heralding new experiences-cognitions in life-living. It is not

easy but always great to feel that I am never alone and lonely as my '57' is like sitting with many friends (even enemies) in a room and exchanging ideas to know exactly what's going on in their minds. The magic happens when the 'friends' talk amicably and compassionately and even the 'enemies' don't hit below the belt.

Personally, I have learnt from both ancient philosophy as well as modern science about all life-living realities. My collective and compact protagonist, having this humility and compassion to witness and maneuver different other sub-protagonists (friends and enemies) of the spectrum of my consciousness is hugely beneficial and satiating, in terms of the proceeds of experience-cognition it offers. It has been very tough but with all humility at my behest, I may say that my '57' has partially been successful in ensuring harmony and rhythm in the 'room', where all the friends and enemies of my '57' sit together and chat. Consciously, my '57' has been partially successful in dissociating and un-aligning with those physical-psychological-cultural milieus, which may possibly bring about cacophony in the room, where the friends and enemies of my '57' sit together and chat. My '57' is growingly in good company and milieu...

The happy situation is that at least we can now say with reasonable assurances that the 'friends and enemies' are all simulated realities of information dynamics and their processing in the brain states. Very naturally, the focus of

the protagonist of my conscious self, shifts from partial *I-centric* experience-cognition to the more holistic *Information-Centric* ones. The *hydra-headedness* of 'Self' is growingly being actualized and made to benefit my '57' and its experience-cognition journeys.

This in turn facilitates how we can understand and unravel the mystery of the parts-portions of self and its mediation-witnessing mechanisms. When cognition of causality is invested more on *information* than consciousness or milieus, there is better probability of understanding reality as information itself is the primary causality of all realities. The 'I' and all *friends and enemies* of my '57' are purely information and also act as respective media to exchange information, engendering the observer-witness experience-cognition. Witnessing-observance is primarily about causal juxtaposition of different sets of information.

This truly empowers the self as it allows the required critical information to get consciously assigned to consciousness, which in turn enriches and empowers the potential of consciousness to journey novel and alternative territories of experience-cognition. This is true and rather satiating proceeds of life-living. Thankfully, this all happened as information dissemination and reception facilities were augmented massively in the last two decades, with hugely facilitative technologies. The best thing the modern technologies did is bolstering the efficiency of the precarious and poor memory; especially

that of my '57', by facilitating, what scientists lovingly call the *hybrid brain*. Devices and techniques of external information processing and digital memory have truly helped brain's own tumultuous internal information processing and storage of processed data. My poor and stupid brain, finding it hard to handle something like one GB data; now has the luxury of having a 128 GB memory smart device in my hands, with smarter interfaces than my lazy brain could ever engender. The internet, providing easy and instant connect with infinite data, has enabled the *hybrid brain* of my '57' to break free of the crippling stupidities and restrictiveness of my natural brain.

This relationship of information with consciousness as interface and the experience-cognition as processing tools of information is the central theme of life-living and if human life-living has to have any distinctiveness and superiority compared to animal life-living, it has to come through the growing prosperity of multidimensionality of this relationship. Consciously, a human life has to launch a disciplined entrepreneurship to acquire as much and as true-objective *information* throughout life so that the consciousness has as many enriched- diverse parts-portions of theatre and protagonist (empowered-compassionate friends and enemies).

In other words, the *Protagonist* part of consciousness has to be always aware that its primary role may be reacting and presenting action-behavior spectrum to milieus but its

vitally parallel purpose is to enrich and diversify the information inventory of the *Theatre* portion of consciousness. More consciously; the Protagonist has to ensure that it keeps augmenting the proficiency of *information processing* that happens between protagonist and theatre of consciousness to engender prosperity of experience-cognition. This is what modern scientists are doing with artificial non-biological consciousness.

This information internalization has to happen through combination of acquisitions of the inventory of modern scientific knowledge, created by contemporary collective human intellect, as well as through highly aware personal experience of diverse realities in external and internal milieus, with a focus on understanding the causalities of Information. Both knowledge acquisition and aware experiencing are exclusively human probabilities, which are not only not required, rather detrimental to intuitive animalistic instinctive joys of consumption. That is why, for most men and women, objective-holistic knowledge is scary and unacceptable as it kills the intuitive bliss and pride, by dissipating and emaciating the thick walls of the inventory of ignorance, partial knowledge and self-evidence.

The attainment worth a penny for a human life-living is how many holistically informed parts-portions his or her consciousness spectrum has and how they stand in good connect and sync to witness and observe each other. This immensely facilitates the protagonist of consciousness to

observe-mediate-experience the moment of life-living journey in optimality. Using the above-mentioned metaphor; if consciousness is the room with intelligent friends and compassionate enemies and the talks are creating a harmonious-rhythmic buzz, it is truly a blissful situation. The relationship between Information and Media creates this very critically human facility of conscious-conscientious observing-witnessing-experiencing of the *fleeting* moment of ephemeral contemporaneousness in most profitable ways.

Only human life-living has this potential of having a powerful and self-critical observer-witness-experiencer, which could consciously lead one's experience-cognition mechanism-processes to the objective ideals of non-intuitiveness. For animalism, the spectrum of consciousness is only intuitive as the observer-witness facility is either missing or very weak. Intuitive life-living in mass majority of humans is innate and by default as it is the design of the hardware, shaped up by evolution. Software of non-intuitiveness is only human potential but not an automatic accrual or attainment. It comes as the human media of consciousness is well trained to evolve and organize non-intuitive experience-cognition, through loads of objective-sincere information. This is the road of human life-living needing to be well traveled.

Information is the singular utility-worth-value in the universe and biosphere and consciousness as a

navigational media must be a highly galvanized interface to successfully lead a human body-mind not only through diverse physical-psychological milieus but also through many diverse simulated realities of personal experiencing-cognitions, using the light and energy of information. Human life prosperity and wealth is proportional to acquired information and the experiences-cognitions, which the true-right information leads to, in infinite multidimensionality. Therefore, sanity-discipline-objectivity-holism of both information as well as consciousness is precondition of richness of human life-living.

There is a bare basic learning for humanity. There is no fixed independent reality available for intuitive experience-cognition of average humans. Every intuitive reality is actually a hardware reality. All realities are possible only because there is experience-cognition of Self, a sense of 'I' or me as some continuous entity of reality. This self or me is actually a hardware reality and in a way a simulated virtuality or a model of reality, which the hardware of body-brain engenders. Modern neuroscience now knows as how a few parts of brain states can be tweaked to dissipate and disorient this sense of 'I' and its cognition of continuity. This hardware reality of 'I' or Self is a plexus and array of chemical entities, which have the capacity to carry and process information. It is the chemical processing of information as inventory of memories and a bio-chemical

loop of recall, which engenders or simulates the sense of a continuous 'I' or self in the progression of time-space.

In that way, a continuous life-living is a falsehood as it is a simulated reality and not an actuality. In the biosphere, every intuitive reality is processed information in a rather localized time-space of a fleeting *moment*. This simulated intuitive feel of continuity of 'I', engendering the spectrum of consciousness, in collaboration with memory as inventory of processed information, is meant for survival success and not for experiential successes.

Lived out life is actually a simulated reality, made out of the cooperative of information of experienced moments, popularly known as memories. This bio-chemical mechanism called memory is a precarious and peculiar entity. Not all lived out experiences are assigned place in the inventory of memories. Not all information in the inventory of memories are lived out experiences. Not all lived out experiences in memory are true-right-objective information as in contemporary cultures, fake-fudged-fraudulent-propagandist information, mostly derived from hybrid brain, are easiest and most prolific to come.

The memory is weirdly prone to many pathological propensities. The memories, which engender the simulation of a continuous self or 'I' and goes on to keep evolving the sense of protagonist of self, are only selective bits of information, culled out of the span of life. Partialism, of information, memory and protagonist of consciousnesses

is the dominant causality of most pathologies of modern humans. Intuitiveness innately engenders partial consciousness. Holism is the human goal of life-living and the tool for attainment is non-intuitiveness of experience-cognition, consciously and conscientiously acquired through objectivity and totality of Information.

This selective pool or inventory of consciously acquired and conscientiously experienced information, forming the readily and meticulously recallable memories to simulate a continuous self or the protagonist of 'I' is only a potential that needs to be optimized for attainment of true and actual wealth and prosperity of a human life. It is optimized through the richness and diversity of this information pool and brilliance of relationship between the parts-portions of information to engender non-intuitiveness of experience-cognition for a highly aware consciousness of a person. These experienced information, available for recall, reprocessing or reference and popularly known as memories, actually form the *theatre* of consciousness, which acts as internal milieu of a person. This internal milieu in turn, as information inventory, helps the protagonist of consciousness of a person to navigate more successfully in the external milieus as well as optimally and diversely experience the reality. It is therefore critically crucial that this information plexus must be true, objective and holistic to stand the consciousness in good stead.

This hardware reality and its simulated potentials-possibilities have to be understood well. Its understanding itself is probably the exclusivity of human life-living, as against the restrictiveness of animal life-living. The elements of well-informed discretion, disciplined experiencing and conscientious imaginativeness and their possible multidimensionality are the hardware-mounted realities, which extend superiority to human life-living, as compared to animal life-living.

For all life forms, with the ability to move in external milieus, living is only a momentous reality as experiencing or navigational goals have to be decided upon on the basis of the cognitive merit of the contemporaneousness of the *fleeting* moment. The sensing of movement itself engenders the sense of moment and time lapse. To understand the *movement* and become an observer-witness to check the intuitive movements; we have to first understand the *gradient* (causality of intuitiveness) of underlying energy, which induces the movement. This is where the modern scientists in cellular biology and bioenergetics are investing their best of energies. We are not going into details of it here. However, even the geniuses of humanity understood the relationship of consciousness with this *gradient*, as early as more than 3000 years back.

The external milieus may be constant for longer period of time but the living organism is always in movement; intuitively following the gradient; if not physically then

psychologically. Therefore, life span may be of many decades but experience-cognition happens only in a moment and cooperatively these experienced moments engender the sense of span. It is in the timeline of a moment that consciousness has to operate and only human consciousness has the luxury of elements of discretion, experiencing and imaginativeness and their possible multidimensionality to choose as how these moments have to be experienced and cognitized.

Animals probably do not have the required brain hardware to engender such memories and spectrum of consciousness to have the elements of discretion, experiencing and imaginativeness and their possible multidimensionality to consciously simulate choices by experimenting with *gradients*. It is therefore hugely critical that the discretion, experiencing and imaginativeness of a human consciousness are based on and guided by objective-holistic information and not on fake-fudged-fraudulent-propagandist ones; as usually happens in contemporary scammed cultures.

This hardware facility to human organism is both boon and bane. This facility is an outcome of superior information inventory and processing and therefore, the true potential of the hardware facility depends on what is the quality and quantity of information inventory, how holistically available information are processed and how they stand in synced-symmetrical causal relationships. The loads of fake-fudged-

fraudulent-propagandist information in the inventory and partial processing of these scammed information makes a human massively more dangerous than an animal as it navigates a man or woman to make hypocritical-depraved-criminalized choices for experiencing in the contemporaneousness of the fleeting moment. This is the typical hardware trouble and mass majority of 99 percent men and women have these hardware pathologies. The hardware inefficiency and corruption also restricts and scams the simulation efficiency (software) of human consciousness. This needs to be understood in details.

The hardware of animal consciousness is innately designed to intuitively experience the living moment as per the hardwired instinct of survival and successful navigation in the external milieus and therefore make singular and almost fixed choices for action-behavior. Animal consciousness is the core competence of human consciousness too as the design only has evolutionary finesse in human system. Like animals, all humans are designed to and have the entrenched hardware to have broad animal goals (subconscious choices) of bare basics of survival; like food, sex, security, dominance, deception et al. In contemporary human cultures, 99 percent men and women are mostly making these animal choices, as per the requirements of their ambient milieus.

The human brains states however have evolved potentials of larger, better and varied information inventory called

memories and diverse information processing called experience-cognition. Very naturally, this potential is not automatic and innate as only plethora of added and acquired information decides the actualization of this potential. The superior memory inventory and experiencing potentials are the software that a human life has, as additional to what animals have as evolution and its entropic complexities required additional hardware-software potentials in human organism, especially the brain states.

The software is not preloaded on the hardware and it is only a potential, which a human life can acquire, if subconsciously or consciously it acquires larger, better, diverse and complex information; both inputted subconsciously from external milieus as well as conscious experiencing. This requires disciplined mind training of a human child since early days as well as sanity-sincerity of information in cultures.

Human life-living has the potential superior to animals in the sense that it can subconsciously-consciously add and upload software, given there is a well mounted hardware of healthy brain states. True-right-objective-diverse-holistic information forms the basis of the potentials of the software. The best, most satiating and lasting software are those, which a very conscious and conscientious protagonist simulates for intellectual experiencing. This is the superior witness-mode of consciousness. What these

software are? What is intellect and what its role is in blissfulness of highly satiating experiencing?

Probably, the intellect is the hardware potential of disciplined and discretionary protagonist to make appropriate and multidimensional choices in acquiring more, better and objective information and process them in brilliance of simulated models of reality. Only the true and evolved intellect has the potential to simulate the reality-models of love, compassion, fraternity, aesthetics, thoughtfulness, creativity, spirituality, et al. These intellectually simulated experiencing, based on true-objective-diverse-holistic information then goes on to form the software, which in turn augments and galvanizes the potentials of the hardware.

These intellectually simulated experiencing is exclusively human domain and it truly and only *expands* the scope of the *moment* that is available for living experiencing. It in a way probably also expands the span of the moment itself as cognition of moment also gets simulated. This is the only human potential to be attained; rest is purely animalistic. This potential has made possible the contemporary world of intellect as well as attainments.

Tragically, this potential remains unattained in 99 percent of men and women. Only one percent humans create and innovate; rest of 99 percent only copy them or follow them to get benefitted. This is a calamitous situation for humanity as intellect can lead the herd mentality of 99

percent to novelty-righteousness, whereas the corrupt-criminalized leadership can prompt them to disaster.

As intellectuals do not benefit or survive because of the stupidity-ignorance of 99 percent and the political leadership does; it is only natural that politicians are far more diligent and determined entrepreneurs of their business than intellectuals. Therefore the 99 percent is always led by them, become fodder to depraved aspirations of politicians and almost always led to disaster and depravity. Therefore, contemporary cultures are purely animalistic and full of pathologies of hypocrisy-depravity-criminality. This clearly hints at the possible remedies for all pathologies.

This syndrome of *99-percent-trap* has to be understood clearly. A child is born with an entrenched hardware to automatically imbibe Information from its external milieus. In fact, the process of information internalization has already begun when the child was still in the wombs. The hardware of the child is wired for seeking information from its external milieus as its survival shall depend on the incoming information. The just born child has all the questions that are possible in the cosmos but it has no answers yet. The questions are universal and common to all children born since millions of years and shall remain the same for millions of years ahead as the questions emanate out of the cosmic milieus, common for all lives; not only the human life. However, the answers a child shall

have are not common and shall depend on what information the child is made available to. The child itself has no personal access to information leading to possible answers as it shall have only those information, which shall be fed by people and culture in local-ambient milieus. The answers shall be automatically framed out of whatever information the child gets from ambient milieus.

Interestingly, a newborn child shall still survive and live a long life, even while it has no questions and no answers or all questions and no answers. The brain of the child is hardwired to survive and it shall automatically lead and navigate a child to subconsciously align with those sets of information that shall optimize its survival chances. In fact, these situations are the tragic reality of mass majority of contemporary children.

In contemporary human world, most children get two sets of information – first a set of information for livelihood optimization. Even good and sufficient livelihood information is affordable only for less than five percent of human children in contemporary human world of extreme inequality and competitiveness. The second set of information is about personal and cultural identities. Most of these information the child imbibes automatically as these identities are very powerful and stringently practiced in the child's ambient milieus.

Tragically enough, these two sets of information are considered well enough for the child to grow up as a

successful man or woman. As these two sets of information are very local and vary significantly in different milieus and cultures, the answers different child has and grows up with are also different and fixed, even as the questions that the cosmos offers them are common and infinite. Whatever be the quality and content of the two sets of information, a human child shall still survive and live out its full life, as brain has the required hardware to automatically process whatever little information it has, to lead the organism to survival success.

The pool of available information, whatever little, partial or scammed, would form the internal milieu or what we are referring as *theatre* of the person and the *protagonist* of the person shall still survive, dearly holding true the partial-scammed answers generated by this small-scammed pool of information. This is the contemporary arrangement and benchmark of success in modern day human cultures, across the globe.

Very instinctively and intuitively, the brain shall load more deception, hypocrisy, depravity and criminality on the emergent consciousness of the grown up man or woman, if it has deficit of right and sufficient information about larger and deeper questions of life-living. It is the design of the brain, which has evolved to be a valiant survivor and it shall survive by heavily borrowing on deceptions and hypocrisy, in absence of good data. A child who grows up with high loads of quality and objective information shall

have better answers and therefore shall subconsciously opt for fewer amounts of unwarranted deception, hypocrisy, depravity and criminality. Both children, with no answers and more answers shall *survive* in their own different ways and shall grow up to become *successful* men and women in their own subjective senses. Both shall procreate and shall become parents, passing on their respective information sets to their child. The two sets of required information shall remain there and as every passing moment, human world of life-living is becoming more complex, competitive and unequal, both livelihood as well as identity crises shall become deeper and more intense. Instinctively, answers shall become fewer as the only question that shall matter is livelihood for survival. For the 99 percent humans, all questions and all answers are within the localized ambient domains of livelihood and identities. The domain turns into legacy that every newborn child receives and finally bequeaths to coming generations. The trap; the scam of humanity and cultures is perfect and immortal.

The core and critical question is – is the remedy remotely possible? Is the remedy potent enough and pathologies manageable enough to create a human world free of contemporary loads of hypocrisy-depravity-criminality? The answer is both yes and no, even while the ‘no’ is far more entrenched and embedded in the very design of life and consciousness. The ‘yes’ is a probability only because no ‘no’ can exist and mean anything without the juxtaposition of the probability of a ‘yes’. Anyways, a definitive ‘no’ shall

stand as complete defeat and capitulation of the potential, which human life and consciousness has, to simulate all probabilities, in the overall scheme of realities.

We need to understand the entrenched propensities of both yes and no in the reality plexuses of human life as well as consciousness. It seems; the very pronounced and preponderant probability of 'no' outlines the tough architecture of the maneuverability of a precarious 'yes' with prolonged and persistent enterprise. This hypothesis comes out of the structural reality of consciousness, which life itself designed to be like that and evolution stamped its seal of approval. Therefore, both yes and no are probability and reality respectively, laid out in the very structure-function of consciousness and how it has evolved over billions of years.

It very clearly seems that most pathologies of human life-living and human world of action-behavior emanate out of how an average and uninitiated human consciousness innately and predominantly relies on its intuitive experience-cognition mechanism-processes to assign meaning to the core-critical reality of *successes* and *purposes*. Innately and as per the design of evolution of human consciousness, intuitiveness of experience-cognition predominantly leads to purely animalistic *successes* and *purposes*. Very naturally, as 99 percent of humans pursue attainments of animalistic benchmarks of successes and purposes, the society and culture shall be characteristically

full of propensities and attitudes, which are suitable and appropriate for wildness and ruthlessness of brute animal world. These appropriates for animal world however stand as pathologies for human world, where a viable man made society-culture requires pursuance and attainments of completely different set of success-purpose benchmarks.

Therefore, it sounds reasonably true that if human world pathologies have to be cured or managed, the contemporary benchmarks of *successes* and *purposes* have to be corrected. This can happen only when average men and women get full-blown chance to live out their lives in an external milieu, where their innate and untrained consciousness could afford to keep aside their intuitive propensities and attitudes for animalistic *successes* and *purposes*. Then only their consciousnesses can be trained successfully to evolve and live out non-intuitive experiences-cognitions, which are humanly designed and evolved *successes* and *purposes*, like love, compassion, fraternity, aesthetics, intellect, thoughtfulness, art, innovations, spiritualism, et al. This is the full-blown software potential of a good hardware, in a milieu with catalytic elements to make it happen.

The cycle of pathologies has to be broken. A criminally unequal and brutally competitive-complex milieu of contemporary societies-cultures, with deprivations and deceptions writ large on their faces, mechanically and involuntarily brings to the fore and emboldens the

subconscious animalism and its brute propensities in mass majority of 99 percent of men and women. These animalistic consciousnesses and their predominant animalistic experiences-cognitions shape up the external milieus of society-culture, which thrive in extending seal of approval to those *successes* and *purposes* that animate and proliferate brutalities and criminalities of inequalities and competitiveness. Therefore, this cycle has to be shattered to smithereens. Very difficult to say, how this may happen and which should happen first, a right humanist milieu or a right evolved consciousness. Both are available in contemporary human world but only in small pockets.

The contemporary state of humanity and human world of life-living, along with the current load of pathologies, clearly sounds the defeat of the probability of *Yes* and ensures indefinite continuation of *No*. The politics of the day alone has the authority and wherewithal to effect major changes in contemporary milieus of massive pathologies but the politicians shall never do it as they themselves are the pick of most intuitively animalistic consciousness of most brutal-depraved criminalities. Their consciousnesses simply cannot be trained and initiated into understanding and accepting non-intuitive humanistic *successes* and *purposes*, as it would literally mean their certain end of survival. Nobody buys its own death. The primary question therefore is – *Is the death of politics and its power-frills possible?*

On the other hand, parents and families can effect major changes in individual consciousness of their own children but they too won't do it as nobody wants to train their kids to grow as 'unsuccessful' persons in the contemporary brutal society-cultures, where a humanist man or woman is quickly labeled as either mad or psychedelic. Then, what the handfuls of intellectuals can do as they simply cannot design and install a sanity-symmetry system of sublime humanism, which could not be blown away by the forceful might of the animalistic consciousnesses of no less than seven billion individuals.

Does this mean, there is no hope for end of pathologies in human world of life-living? May be; there is extremely high probability of failure of a humanly designed and devised cure of pathologies as the very design of human consciousness makes it near impossible. However, the hope is always with pathologies and their innate evolutionary propensities to clean the slate and write down a novel and alternative code of successes and purposes for a completely recreated reality. The evolution of human consciousness itself seems the creation of massively long evolutionary journey of pathologies, which life and its realities engendered in the last billions of years. The pathologies themselves have the entrenched potential to weed out the unsuccessful-unviable lives and recreate such life forms, which carry on the journey ahead as carriers of novel-alternative success codes of evolution. Pathologies in a way are also Information, which in turn code novelty and

alternativeness of emergent Information in progression of time and space. We already know that as many as 145 genes are now part of human genome, which have jumped from viruses, bacteria and other single-cell organisms.

The evolution is the ultimate survivor. Evolution is the god of last judgment. It is the core programming of the cosmic will. Evolution and its journeys are nothing but infinite and unending emergences of Information, in constant and complex interactions. Life, milieus, realities are all only information. The Information alone has the pathologies as well as the potentials of all *Yeses* and *Nos*. Contemporary humanity has only begun to unravel and understand the power of information. It is this Information and its potentials, which may be designed and devised as possible cure for most pathologies of consciousnesses as well as milieus. Currently, the same potential-power of information is being used by unscrupulous political and religious leadership to unleash pathologies.

Modern intellect of humanity can do best by unleashing as much scientific-objective-holistic information in human milieus as possible, through designing and supplying such media, which could facilitate budding human consciousnesses of children to understand the realities of life-living in most holistic and objective ways – very much beyond the restrictiveness of livelihood and identities.

As contemporary science is beginning to unravel as how information happens and journeys in emergent trajectories

in bio-chemical milieus at cellular levels; it may be possible in future to design and evolve an information model, which has the right potentials to rewrite consciousness codes. The artificial intelligence domain is already making progress in this area. The right-true-objective-holistic information needs to be seeded in consciousnesses at an early and appropriate time-stage of human life-living. Rest, the Information may choose to do, the way it may unleash itself, in its infinite emergences.

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About The Author



People say, what conspire to make you what you finally become are always behind the veil of intangibility. Someone called it 'Intangible-Affectors'. Inquisitiveness was the soil, I was born with and the seeds, these intangible-affectors planted in me made me somewhat analytical. My long stint in media, in different capacities as journalist, as brand professional and strategic planning, conspired too! However, I must say it with all innocence at my behest that the chief conspirators of my making have

been the loads of beautiful and multi-dimensional people as well as ideas that traversed along me, in my life journey so far. The mutuality and innocence of love and compassion always prevailed and magically worked as the catalyst in my learning and most importantly, unlearning from these people, ideas as well as situations. Unconsciously, these amazing people and my own stupidly non-intuitive cognition also worked out to be the live theatres of my experiments with my life's scripts. I, sharing with you what I have internalized as body-mind Media, is essentially my very modest way to express my gratitude for all of them. In my stupidities is my innocence of love for all my beautifully worthy conspirators!

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